

Orland Park, IL

2021

Report of Results

CASOA™

**Community Assessment Survey
for Older Adults™**

Prepared by:



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Introduction

The Community Assessment Survey for Older Adults (CASOA™), administered by Polco/National Research Center (NRC) provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves in communities across America. This report is intended to enable local governments, community-based organizations, the private sector, and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this report, Orland Park stakeholders can shape public policy, educate the public, and assist communities and organizations in their efforts to sustain a high quality of life for older adults. The objectives of the CASOA are to:

- Identify community strengths in serving older adults
- Articulate the specific needs of older adults in the community
- Estimate contributions made by older adults to the community
- Determine the connection of older adults to the community

The results of this exploration will provide useful information for planning and resource development as well as strengthen advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.

The CASOA questionnaire contains many questions related to the life of older residents in the community. Survey participants were asked to rate their overall quality of life, as well as aspects of quality of life in Orland Park. The questionnaire assessed the individual needs of older residents and involvement by respondents in the civic and economic life of Orland Park.

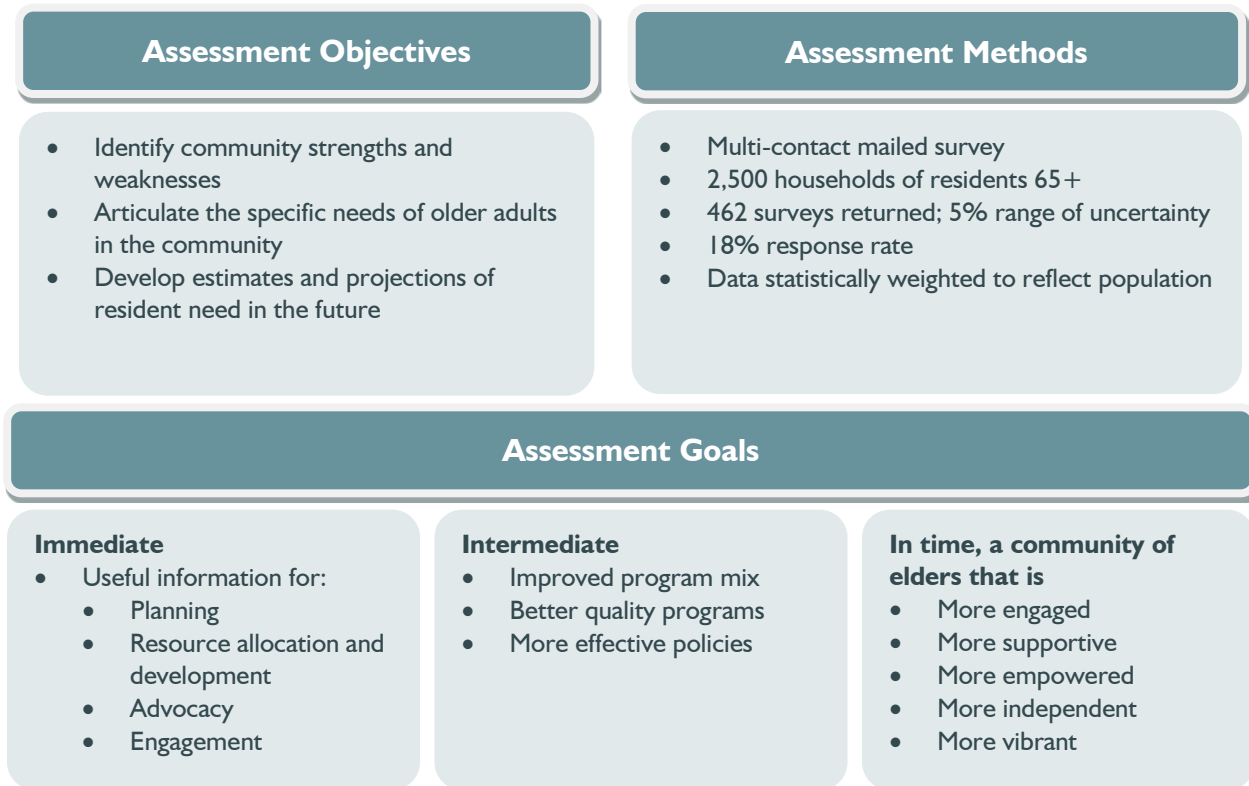
Orland Park CASOA Methods

The CASOA survey and its administration are standardized to assure high quality survey methods and comparable results across communities. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage-paid envelope to return the survey. The survey packet contained a cover letter with a web link to give residents the opportunity to respond to the survey online if they preferred. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community across Orland Park.

The survey was mailed in September 2021 to a random sample of 2,500 Orland Park households in which there was an adult 65 years or older. A total of 449 completed surveys were obtained, providing an overall response rate of 18% and a margin of error of plus or minus 5% around any given percent for questions answered by all respondents. Additionally, an online open participation survey was publicized by Orland Park through various channels. This survey was identical to the random sample survey. A total of 13 open participation surveys were completed, and these responses are included in the overall weighted results, making the total number of surveys completed 462.

For additional methodological information, refer to *Appendix B: Survey Methodology*.

Figure 1: CASOA Methods and Goals



Structure of CASOA Report

This report is based around six community dimensions:

- Overall Community Quality
- Community and Belonging
- Community Information
- Productive Activities
- Health and Wellness
- Community Design and Land Use

Each section discusses older adult ratings of Orland Park, participation in activities, and potential problems faced by older adults as related to each of the seven dimensions. The final section of the report, Community Readiness, summarizes these dimensions as index scores and provides an overall picture of Orland Park as a livable community for older adults.

“Don’t Know” Responses and Rounding

On many of the questions in the survey, respondents could provide an answer of “Don’t know.” The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix A: Complete Set of Survey Responses* and is discussed in the body of this report if it is 30% or greater. However, these responses have been removed from the analyses presented in the body of the report, unless otherwise indicated. In other words, the majority of the tables and graphs in the body of the report display the responses from respondents who had an opinion about a specific item.

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories. When a table for a question that only permitted a single response does not total to exactly 100%, it is due to the customary practice of rounding percentages to the nearest whole number.

Benchmark Comparison Data

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Orland Park to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 175 communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census estimates.

Ratings are compared when similar questions are included in NRC's database, and there are at least five communities in which the question was asked. Where comparisons for ratings were available, Orland Park's results are generally discussed in the report as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). Detailed benchmark information can be found in *Appendix C: Benchmark Comparisons*.

Key Findings

Not all older adults complain, nor does every community leave older adults raving about the quality of community life or the services available for active living and aging in place. Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community of Orland Park.

The results of this survey describe the Orland Park area as a livable community for older adults within six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness and Community Design and Land Use. The extent to which older adults experience difficulties and problems within these dimensions is also described.

Overall Community Quality

Overall Community Quality explores how older residents view the community overall, how connected they feel to the community and how well they can access information and services offered by Orland Park, as well as how likely residents are to recommend and remain in the community.

- Nearly all (95%) of Orland Park's older residents gave ratings of excellent or good to both Orland Park, and their community as a place to live.
- Approximately 85% of older adults would recommend Orland Park to others, and 72% gave high marks to the community as a place to retire.
- Nearly three-fourths of respondents had lived in the community for more than 20 years and almost 80% plan to stay in Orland Park throughout their retirement.
- When compared to other communities across the nation, Orland Park older residents tended to rate aspects of Overall Community similarly or higher, with the exception of remaining in Orland Park throughout retirement which was lower compared to other communities.

Community and Belonging

A "community" is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.¹ Older residents of Orland Park rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

- Many of the residents responding to the survey (84%) reported excellent or good overall feelings of safety.
- Almost 30% of residents had experienced safety problems related to being a victim of crime, abuse or fraud. Approximately 13% of residents reported being treated unfairly or discriminated against because of their age.

- Seventy-five percent of older residents rated the sense of community as excellent or good and about two-thirds gave positive marks for Orland Park’s neighborliness and valuing of older residents.
- Older residents in Orland Park provided higher ratings for aspects of Community and Belonging than their national counterparts, with the exception of safety, which residents rated similarly to the national benchmark.

Community Information

The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful and well-designed programs, more residents will benefit from becoming participants.

- About 84% of survey respondents reported being somewhat or very informed about services and activities available to older adults, which was much higher than reports from other communities in the U.S.
- About two-thirds of older adults felt that Orland Park had excellent or good availability of information about resources for older adults, and about 66% rated the availability of financial or legal planning services in the community positively. These marks were much higher than the national benchmark.
- Nonetheless, about half of respondents reported problems with not knowing what services were available, and about 35% felt like their voice was not heard in the community. However, these problems affected a smaller number of older adults in Orland Park than in other communities across the nation.

Productive Activities

Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality of life in later life and contribute to active aging.² Productive Activities examined the extent of older adults’ engagement participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others.

- Almost 74% of older residents felt Orland Park had excellent or good volunteer opportunities, and about 4 in 10 participated in some kind of volunteer work, a volunteer rate similar to other communities in the U.S.
- Nearly 95% of older residents rated the overall quality of parks and recreation opportunities in Orland Park as excellent or good. Likewise, opportunities for education, culture, and the arts also were rated positively by 8 in 10 of the residents surveyed.
- About 52% of respondents reported caring for another person and older residents averaged between 7 and 12 hours per week providing care for children, adults and older adults.
- Sixteen percent of older adults in Orland Park felt emotionally burdened by their caregiving and 11% reported being physically burdened. These problems affected fewer adults in Orland Park than the national average.
- About 81% of respondents were fully retired, and 30% reported that not having enough money to meet their daily expenses was at least a minor problem. Almost one quarter of the Orland Park older residents reported problems finding work in retirement, and a similar number had problems building skills for paid or unpaid work.
- The value of paid (part- and full-time work) and unpaid (volunteering, providing care) contributions by older adults in Orland Park totaled over \$152 million in a 12-month period.

Health and Wellness

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their aging populations. Health and wellness, for the purposes of this study, included not only physical and mental health, but issues of independent living and health care.

- Overall, the older adults in Orland Park rated their physical health much higher than other communities in the U.S. and reported fewer physical health problems than other older adults across the nation.
- Ratings of the availability of affordable quality physical health care, the availability of preventive health services and long-term health care options scored much higher than the nation.
- Ninety-four percent rated their overall mental health/emotional wellbeing as excellent or good, and 61%, a rating much higher than other adults in the nation, felt the availability of affordable, quality mental health care in Orland Park was excellent or good.
- The most commonly cited experiences with mental health issues included dealing with the loss of a close family member or friend (39%), feeling bored (36%), feeling depressed (26%), and feeling lonely or isolated (25%). These mental health problems tended to be similar or less prevalent in older adults in Orland Park than in other areas of the country.
- About 40% of respondents reported at least minor problems with having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid.
- One quarter of respondents reported spending time in a hospital, and 27% had fallen and injured themselves in the 12 months prior to the survey. Older adult falls and hospitalizations occurred at similar rates in Orland Park compared to other communities.

Community Design and Land Use

The movement in America towards designing more “livable” communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. Communities that have planned for older adults tend to emphasize access – a community design that facilitates movement and participation.

- Older residents gave favorable ratings to Orland Park in terms of its natural environment (90% excellent or good), utilities (89%), economic health (87%) and overall design (82%).
- About 75% of respondents gave positive ratings for ease of walking in the community and 88% felt it was easy to get places they needed to go, while 7 in 10 residents gave high marks to the overall quality of the transportation system.
- About 7 in 10 older residents gave positive ratings to the variety of housing, and about 6 in 10 rating the availability of affordable quality housing positively. The cost of living in the community was thought to be excellent or good by about 43% of older residents.

Digital Connectedness

Technological literacy has become a vital skill for older adults to maintain their independence. The necessity of these skills became more dramatic during the COVID-19 pandemic.

- About 91% of the older residents in Orland Park said they accessed the internet at least a few times per week from home, and most (80%) used their cell phone to go online at least a few times a week. Some older respondents (32%) reported shopping online at least a few times a week, and 24% shared their opinions online at least a few times a week.

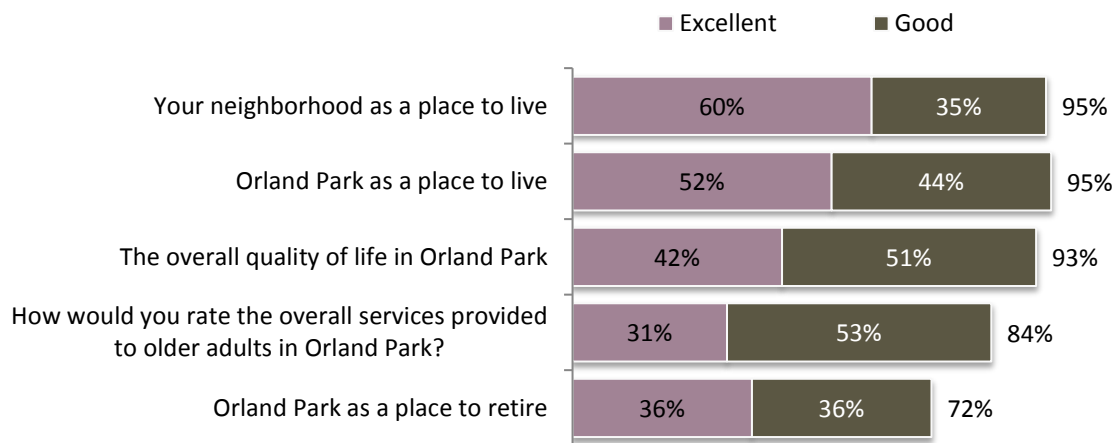
CASOA Survey Results

Overall Community Quality

The CASOA survey contained a number of questions related to the life of older residents in the community. This section of the report explores aspects of the overall quality of the community by examining how older residents view the community overall, how connected they feel to the community and how well they can access information and services in Orland Park. Survey participants were asked to rate Orland Park as a place to live and to retire as well as the overall quality of services provided to older adults. Further testament to the quality of a community is the likelihood of residents recommending and remaining in a community; respondents indicated how likely they would be to not only recommend Orland Park to other older adults but also how likely they would be to remain in Orland Park throughout their retirement.

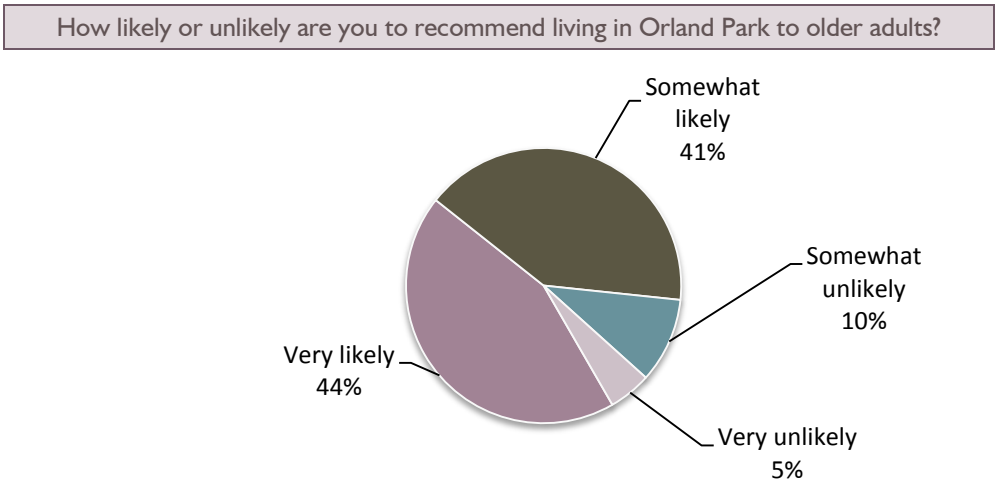
Almost all of Orland Park's older residents gave high ratings to the community as a place to live (95%), their neighborhood as a place to live (95%), and the overall quality of life (93%). About 7 in 10 rated Orland Park as an excellent or good place to retire. About 84% rated the overall services provided to older adults as excellent or good, a rating that was much higher than the national benchmark (see *Appendix C: Benchmark Comparisons* for details).

Figure 2: Orland Park as a Place for Older Residents



Generally, residents will not recommend a community to friends unless that community is seen to be offering the right services with optimal effectiveness. Just how successful Orland Park has been in creating an attractive setting for older adults can be sensed by the number of older residents that say they will recommend it to others. Overall, 85% of older adults said they would recommend Orland Park to others; this was similar to other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for more information).

Figure 3: Older Residents' Likelihood of Recommending Orland Park to Others



Residential Stability

According to a survey by AARP, more than 8 in 10 adults over age 45 want to live roughly where they live now “as long as possible.”³ In fact, Census Bureau data indicate that fewer than 5% of people 55 and older move in any given year, and the bulk of those do not go very far: 49% of movers stay within the same county and only 25% move to a different state. Of those who do cross state lines, the major lure is not weather, tax relief or a new adventure: people usually move to be closer to family.⁴

In different communities, older adults have different intentions, so it is essential to understand what older adults in Orland Park are anticipating in their retirement. The majority (73%) of Orland Park’s older residents had lived in the community for more than 20 years. Further, 78% of older adults were very or somewhat likely to remain in Orland Park throughout their retirement. However, when compared to ratings given by older residents in other communities across the nation, Orland Park residents were less likely to report that they would remain in Orland Park throughout retirement (see *Appendix C: Benchmark Comparisons* for details).

Figure 4: Length of Residency in Orland Park

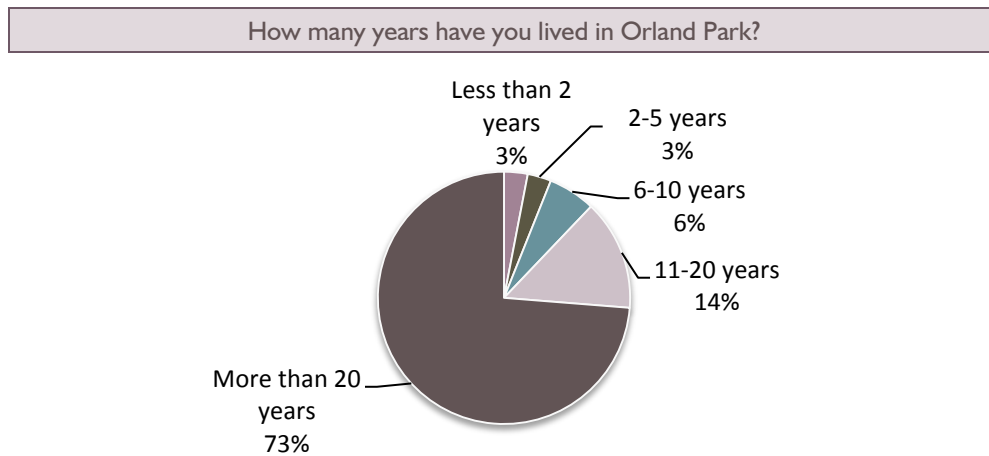
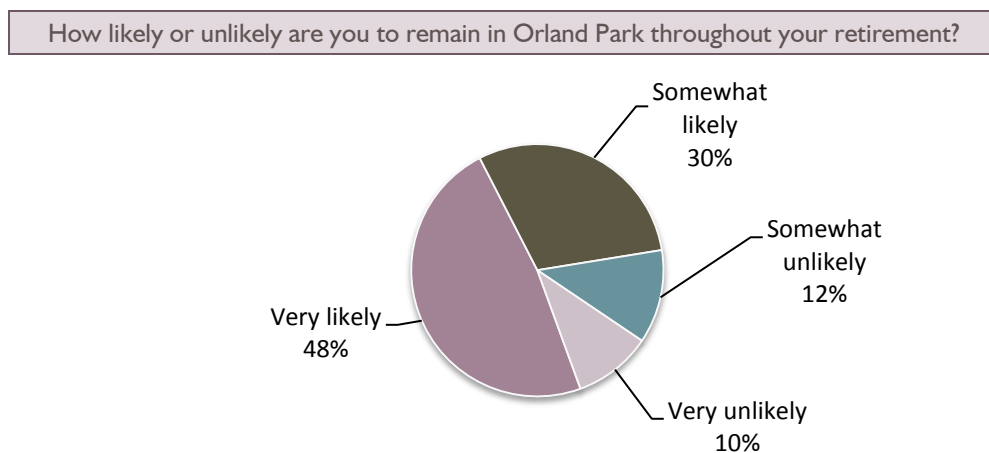


Figure 5: Likelihood of Remaining in Orland Park throughout Retirement

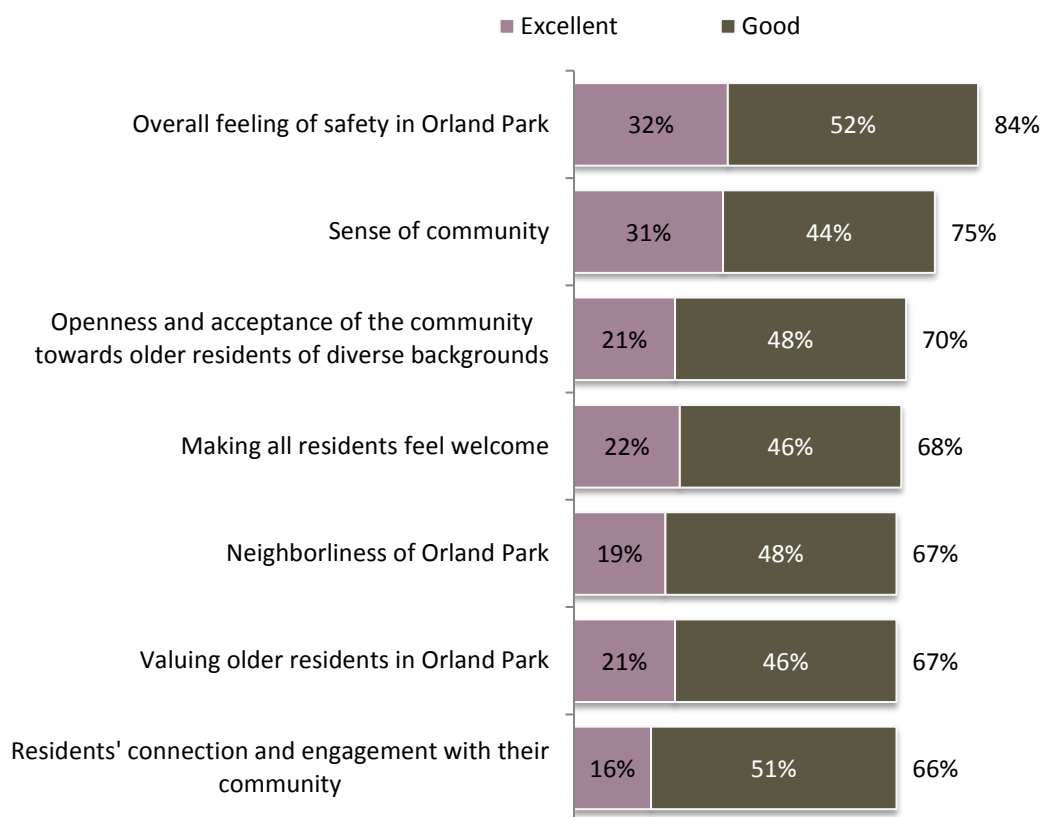


Community and Belonging

A “community” is often greater than the sum of its parts, and having a sense of community entails not only a sense of membership and belonging, but also feelings of emotional and physical safety, trust in the other members of the community and a shared history.¹ Older residents of Orland Park rated several aspects of Community and Belonging, including their sense of community and overall feelings of safety, as well as the extent to which they felt accepted and valued by others.

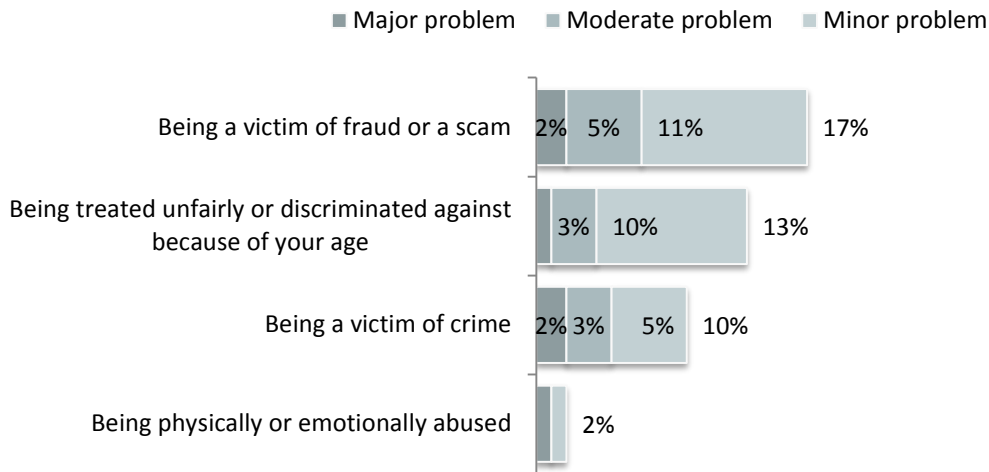
Overall, older residents rated Community and Belonging in Orland Park positively. Feelings of safety in Orland Park were strong, with 84% rating their overall feeling of safety in the community as excellent or good. About 3 in 4 respondents gave high marks to the sense of community, while two-thirds positively rated neighborliness, the community making all residents feel welcome, valuing older residents, and residents’ connection and engagement with their community. When compared to other communities in the U.S., older residents in Orland Park provided higher ratings for sense of community, openness and acceptance of the community towards older residents of diverse backgrounds, valuing older residents, and neighborliness (see *Appendix C: Benchmark Comparisons* for details).

Figure 6: Older Adult Ratings of Community and Belonging in Orland Park



The extent to which older residents have been victims of crimes can threaten their feelings of safety and overall sense of community. A little less than half of older adults in Orland Park (42%) reported problems with discrimination, crime, or abuse in the 12 months prior to the survey. About 13% of older residents reported being treated unfairly or discriminated against because of their age. Reports of crime, abuse, and fraud being a problem were similar to reports from other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

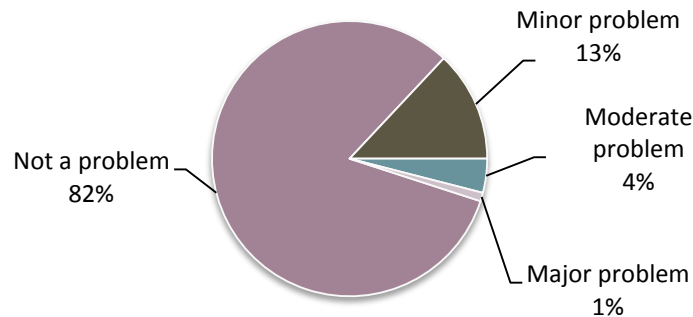
Figure 7: Safety Problems in Orland Park



About 82% of older residents did not have a problem with feeling like they didn't fit in or belong in the 12 months prior to the survey; only 5% cited this as at least a moderate problem.

Figure 8: Feeling of Belonging

Thinking back over the last 12 months, how much of a problem, if at all, has feeling like you don't fit in or belong been for you?



Community Information

Sometimes residents of any age fail to take advantage of services offered by a community just because they are not aware of the opportunities. The education of a large community of older adults is not simple, but when more residents are made aware of attractive, useful, and well-designed programs, increasing numbers of residents will benefit from becoming participants. In Orland Park, about 84% of survey respondents reported being very or somewhat informed about services and activities available to older adults, which was much higher than reports from other communities in the U.S (see *Appendix C: Benchmark Comparisons* for details). Further, a higher proportion of older adults gave positive ratings to the availability of information about resources for older adults and financial or legal planning services, with two-thirds reviewing these as excellent or good.

Figure 9: Awareness of Older Adult Services and Activities

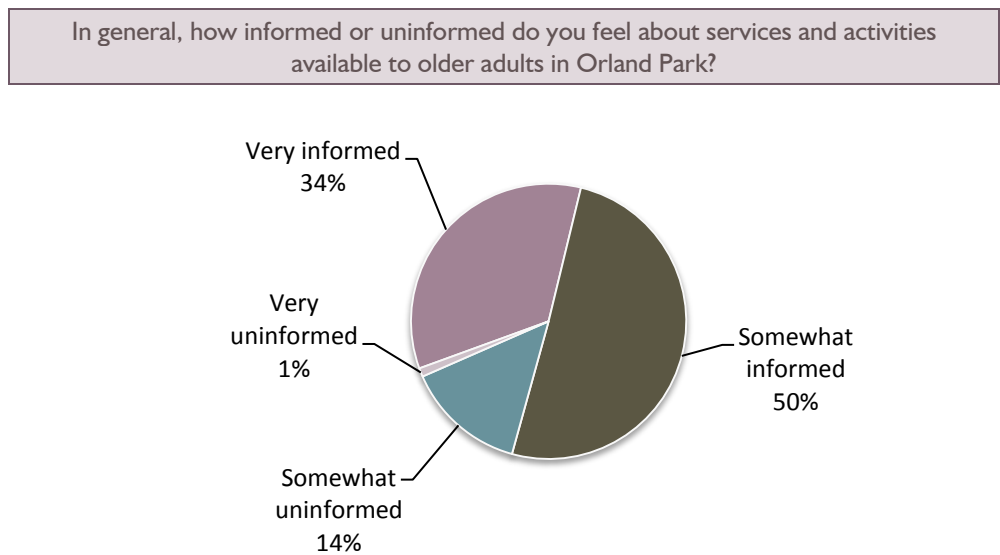
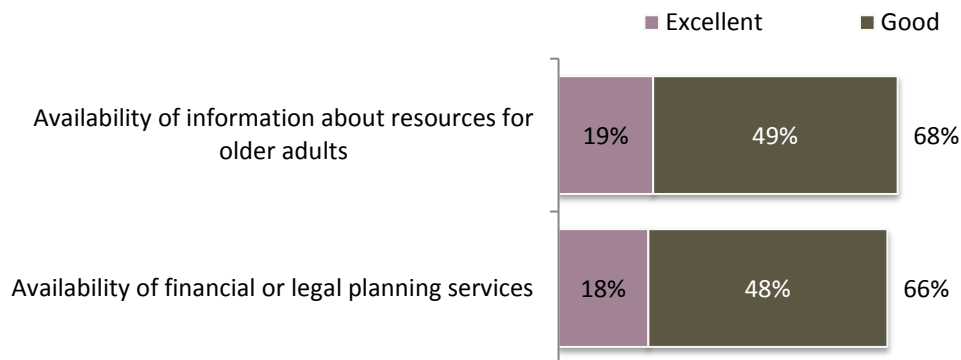


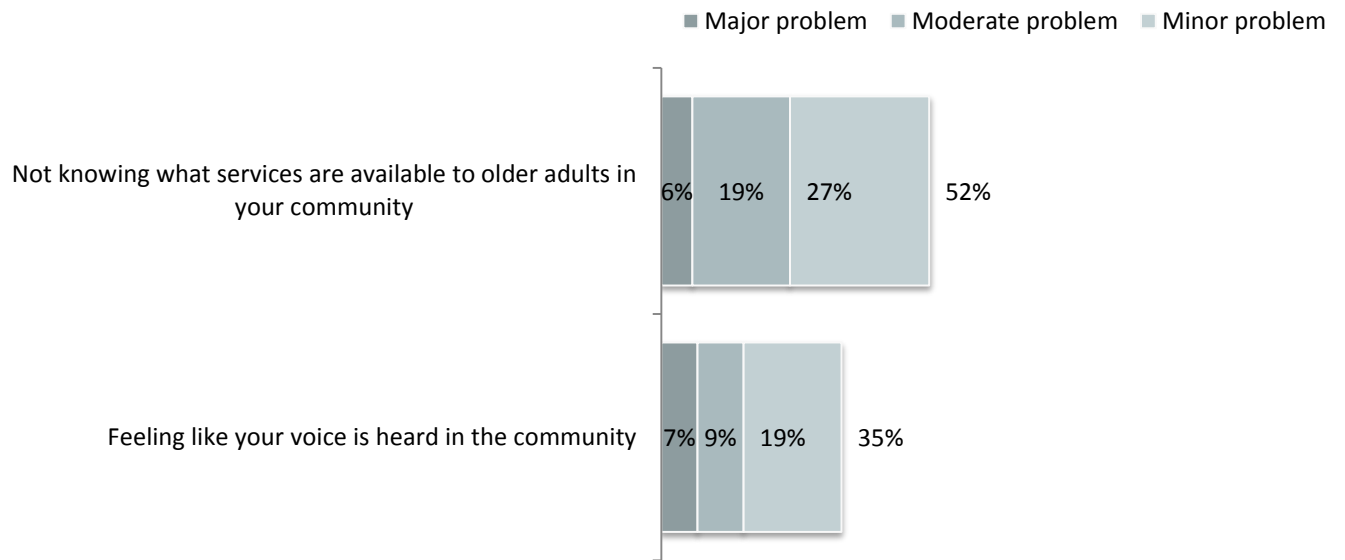
Figure 10: Availability of Information about Older Adult Resources in Orland Park



Note: About 44% of respondents answered “don’t know” when asked to rate the availability of financial or legal planning services.

Older residents who may not know how to access services may have trouble finding ways to contribute to the community. In Orland Park, about half had problems with not knowing what services were available. About 35% reported having problems with feeling like their voice was heard in the community. The proportion of older adults in Orland Park who had problems in these areas was generally lower than in other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

Figure 11: Meaningful Activities Problems of Older Residents in Orland Park



Productive Activities

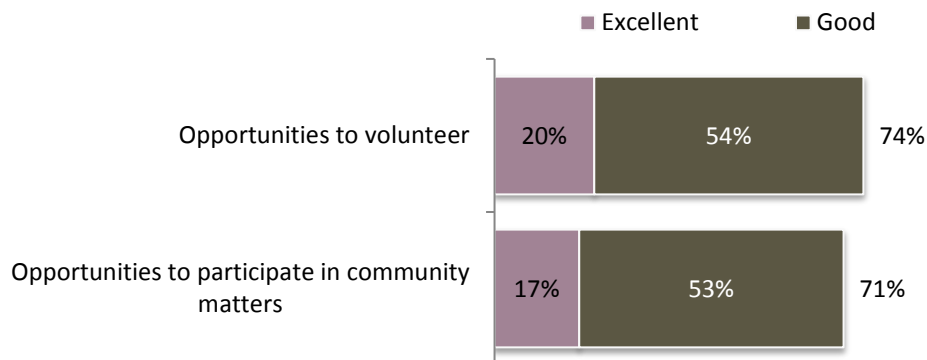
Productivity is the touchstone of a thriving old age. Productive activities such as traditional and non-traditional forms of work and maintenance of social ties combine with health and personal characteristics to promote quality in later life and contribute to active aging.² This section of the report examines the extent of older adults' engagement in the Orland Park community as determined by their participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others. The economic value of these contributions to the community is explored as well.

Civic Engagement

In communities where residents care about local politics and social conditions, where they feel engaged and effective, there is greater social, economic and cultural prosperity. This results in more trust of local government officials, support for community-wide solutions recommended by elected council members, re-election of those councilors⁵ and collective self-restraint in the face of community need.^{5,6} Researchers even have discovered that American states with the highest levels of resident civic engagement are “more effective and more innovative.”⁷ Where there is strong civic engagement, researchers have seen less crime, less poverty, more employment, better and more sustainable policies and more frequent resident cooperation.⁸ Civic activity, whether volunteering, participating in religious or political groups or being active in community decision-making, not only provides benefit to communities but also serves older adults themselves.

Studies have found that volunteering in later life is associated with better physical and mental health, and civically engaged older adults are less likely to become injured or to die prematurely.⁹ In Orland Park, 74% of older residents favorably rated the opportunities to volunteer. Further, 71% gave high marks to the opportunities to participate in community matters, which was higher than other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

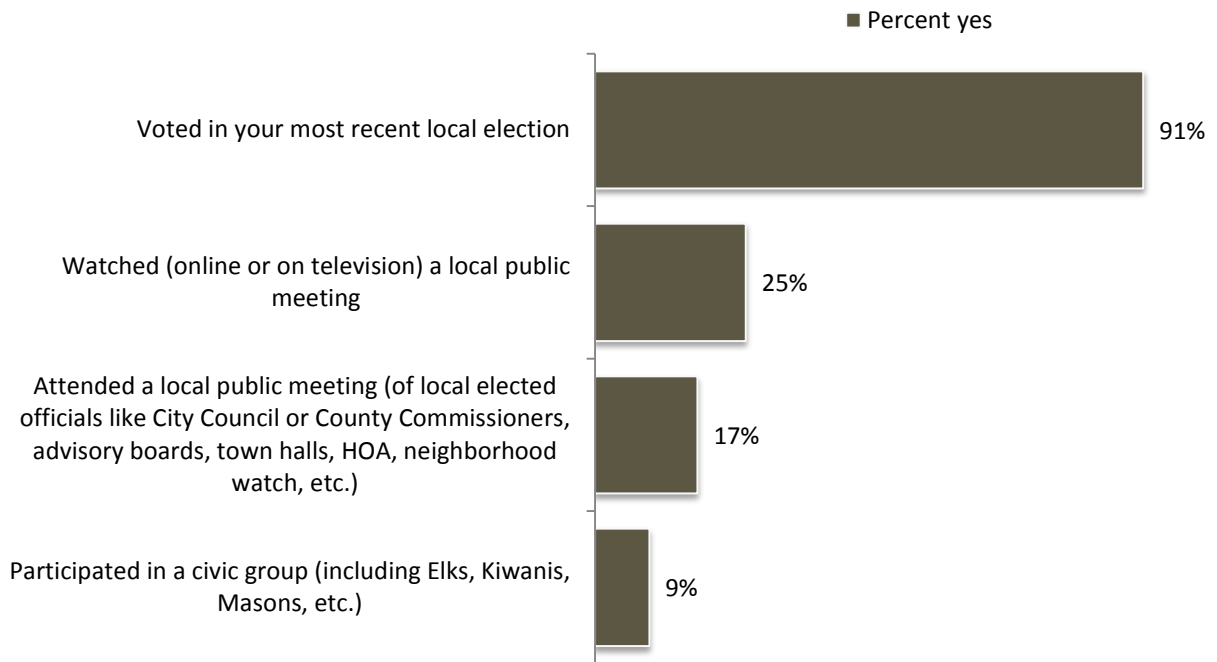
Figure 12: Civic Engagement Opportunities in Orland Park



Note: About 31% of respondents answered “don’t know” when asked to rate the opportunities to volunteer.

In terms of civic engagement, about 9 in 10 reported they voted in the most recent local election and one-fourth had watched or attended a local public meeting in the 12 months prior to the survey. About 9% of respondents had participated in a civic group.

Figure 13: Participation in Civic Activities in Orland Park



Social Engagement

Communities are the foundation for social life. Sociologist Eric Klinenberg describes communities as “the soil out of which social networks grow and develop or, alternatively, wither and devolve.”^{10,11} Orland Park has a great potential to strengthen the community by fostering increased social engagement of its older residents. About 91% of Orland Park older residents rated the opportunities to attend religious or spiritual activities as excellent or good and 70% felt similarly about the opportunities to attend social activities and events. Ratings for social activities and religious activities in Orland Park were higher than the benchmark. See *Appendix C: Benchmark Comparisons* for additional details.

Roughly half of older residents in Orland Park had participated in religious or spiritual activities with others, and 26% participated in a club in the 12 months prior to the survey. About 15% used the Orland Park senior center, which can often serve as a social hub for many older adults. Fewer older adults in Orland Park, compared to national averages, reported using a senior center or participating in religious activities or a club (see *Appendix C: Benchmark Comparisons*).

Figure 14: Social Engagement Opportunities in Orland Park

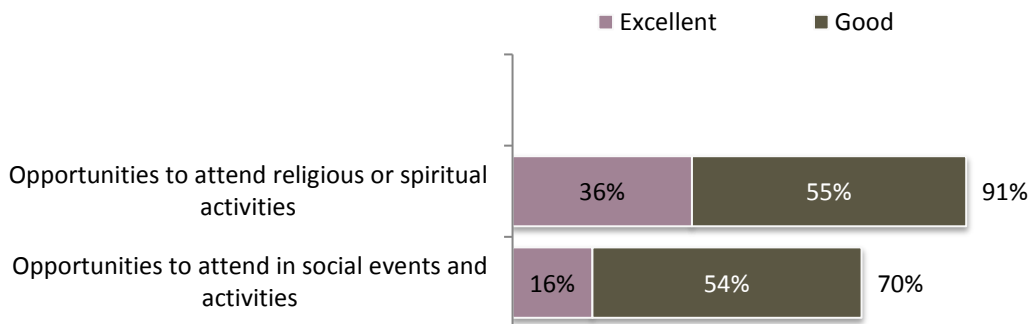
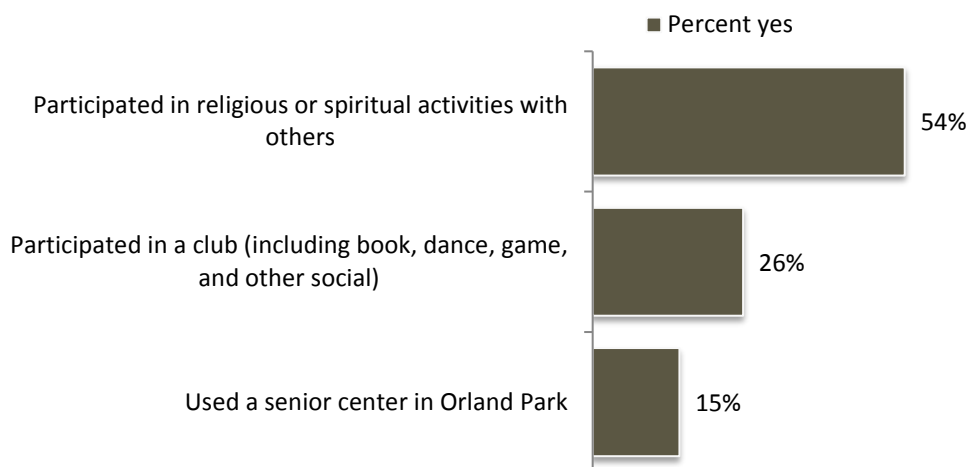
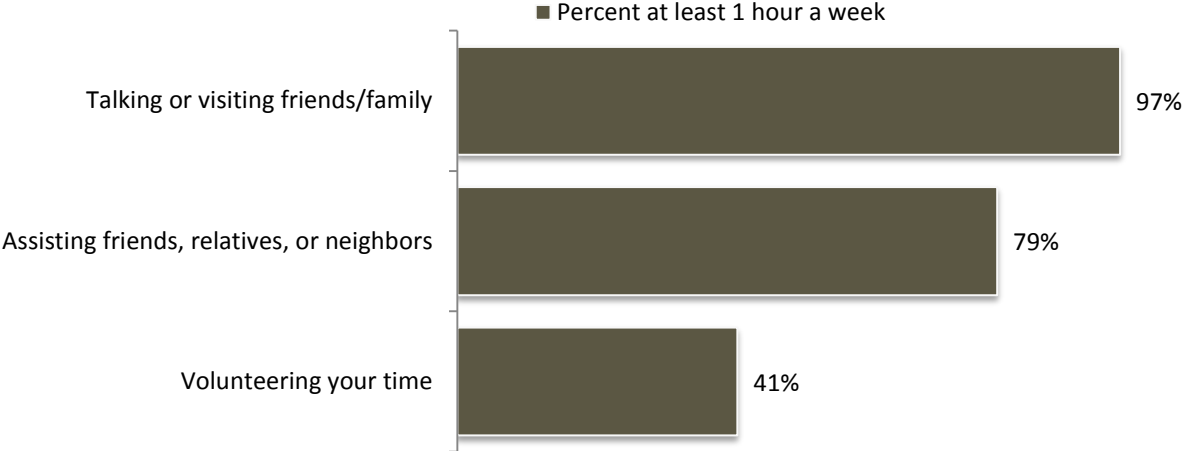


Figure 15: Participation in Social Activities in Orland Park



Almost all older residents (97%) reported talking or visiting with friends and family for at least one hour in a typical week. About 8 in 10 assisted friends, relatives, or neighbors and 4 in 10 volunteered their time for at least one hour on a weekly basis. Older adults' rates of volunteering and talking or visiting with friends and family were similar to the national benchmarks (see *Appendix C: Benchmark Comparisons* for details).

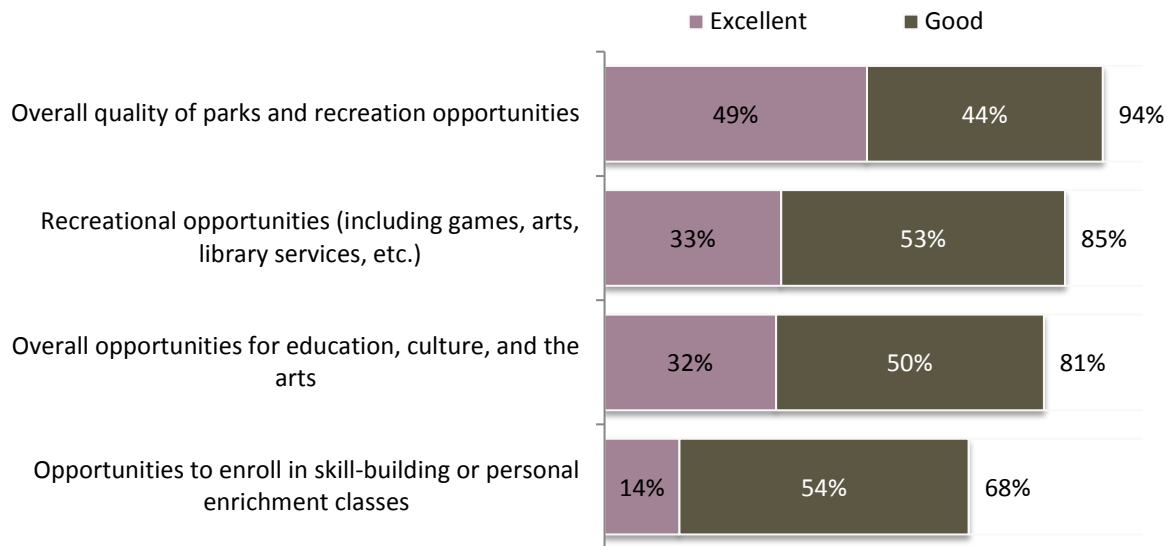
Figure 16: Time Spent Engaging with Others in Orland Park



Recreation

Once work becomes a part-time endeavor or thing of the past, residents have the time for and require the health benefits from regular leisure activities, including the stimulation derived from personal enrichment. Recreation and enrichment often replace work as the primary activity that brings older residents in contact with the outside world, while ample opportunities for these activities make a community more attractive to its residents. Most older residents of Orland Park viewed the overall quality of parks and recreation opportunities (94%), recreational opportunities (85%), and the overall opportunities for education, culture, and the arts (81%) favorably. About two-thirds of respondents gave high marks to the opportunities to enroll in skill-building or personal enrichment classes. Respondents in Orland Park were much more likely to rate opportunities to enroll in skill-building or personal enrichment classes and recreational opportunities much higher than other communities across the country (see *Appendix C: Benchmark Comparisons* for details).

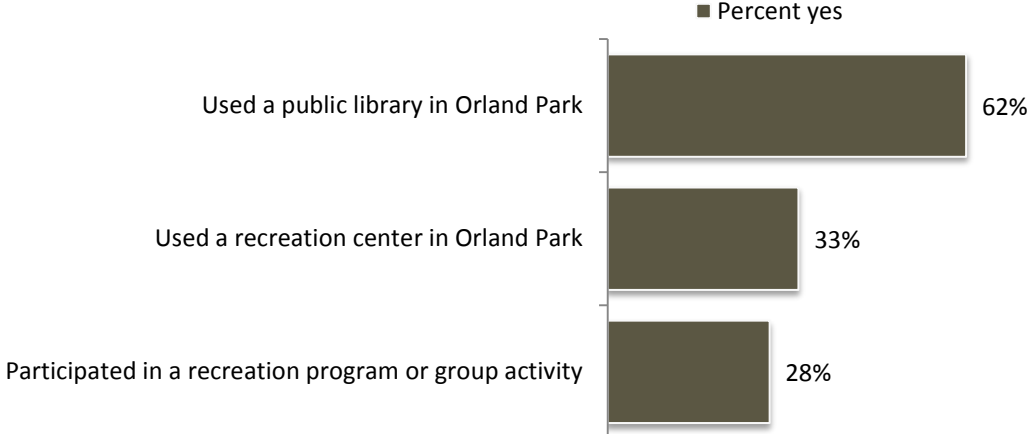
Figure 17: Recreational and Personal Enrichment Opportunities in Orland Park



Note: About 38% of respondents answered “don’t know” when asked to rate the opportunities to enroll in skill-building or personal enrichment classes.

Respondents indicated how much time they spent participating in various recreation- and enrichment-related activities. About 6 in 10 respondents had used a public library in Orland Park in the 12 months prior to the survey. Roughly 3 in 10 had participated in a recreation program or group activity and used a recreation center. Rates of using a recreation center and participating in a recreation program or group activity tended to be similar or lower in Orland Park when compared to other communities in the country (see *Appendix C: Benchmark Comparisons* for details).

Figure 18: Participation in Recreational and Personal Enrichment Activities in Orland Park

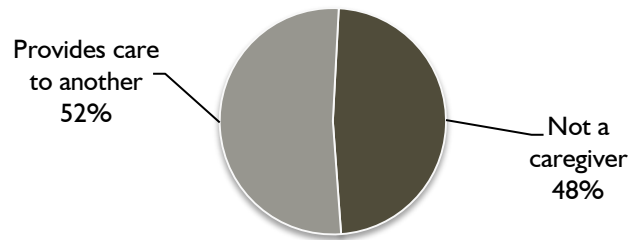


Caregiving

More than 10 million people nationwide have disabling conditions that affect their ability to live independently¹² and almost 80% of these residents are older adults. Those who provide care to a loved one or friend with such a condition often feel a sense of contribution and personal worth despite the physical, emotional and financial burden such care can produce. While care is most often provided by family members and is unpaid, its value has been estimated at \$350 billion annually.¹³

Respondents indicated the number of hours they spent in a typical week providing care to children under 18, adults aged 18 to 54 and adults age 55 and older. Overall, 52% older residents in Orland Park said they were providing care for others. Caregivers spent an average of 12 hours per week providing care to someone under the age of 18, an average of 7 hours per week providing care to someone age 18 to 54, and an average of 11 hours to someone age 55 or older. Respondents in Orland Park were just as likely to report providing care to someone under age 18, but less likely to report providing care to someone age 18 to 54 or age 55+ than those in comparison communities.

Figure 19: Providers and Recipients of Care in Orland Park



Note: Caregivers were identified by examining the number of hours spent providing care to children under 18, adults age 18 to 54 and adults age 55 and older.

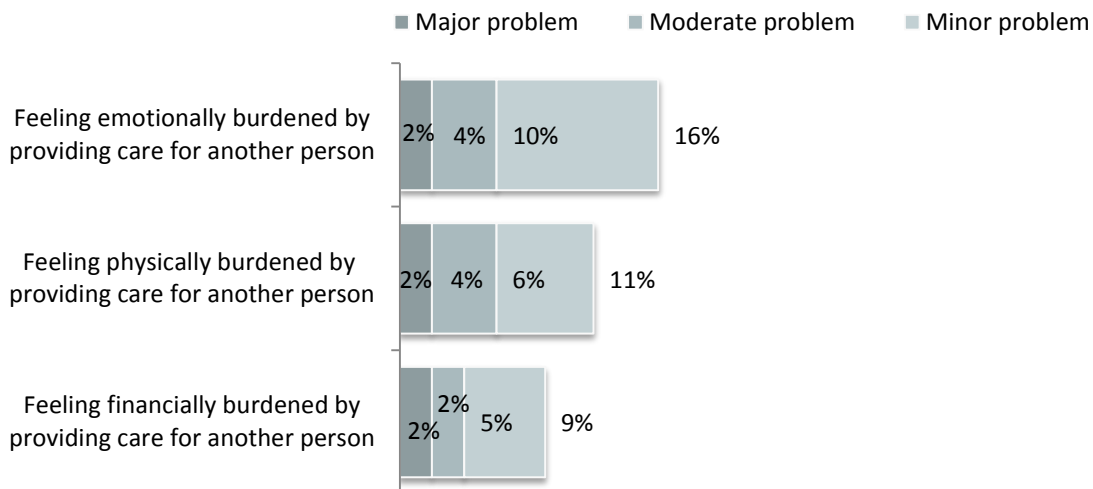
Figure 20: Caregiving Hours of Older Residents in Orland Park

During a typical week, how many hours do you spend:	Never (no hours)	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours	Average number of hours of those who provide care*
Providing care to someone age 55+	40%	24%	11%	3%	8%	14%	11
Providing care to someone age 18 to 54	74%	11%	8%	3%	1%	2%	7
Providing care to someone under age 18	49%	20%	3%	5%	3%	13%	12

* Average number calculated from the mid-point of the ranges of those who provide care.

A “caregiving crunch” is predicted, where the average American will spend more years caring for parents than for their own children.¹⁴ Older adults in Orland Park rated the extent to which they experienced physical strain, emotional stress, or financial hardship as a result of being a caregiver. Overall, older adults in Orland Park were most likely to feel emotionally burdened by their caregiving (16% at least a minor problem), followed by feeling physically burdened (11%) and financially burdened (9%). Older adults in Orland Park were much less likely to see these aspects as a problem than those in other communities across the country.

Figure 21: Caregiver Burden in Orland Park



Economic Contribution

Recent studies have estimated that 70-80% of those 45 and older plan to continue working in their “retirement” years.¹⁵ Financial stability is not the only reason; one study notes that pure enjoyment of work (35% of those questioned) or just a desire to try something new (5%) also will keep people on the job.¹⁵ Survey results showed that 19% of older residents were still working for pay (full or part time) and about 1% said they would like to find a job. For those respondents who had not retired, the average age of expected retirement was 73 years old.

Figure 22: Employment Status of Older Residents in Orland Park

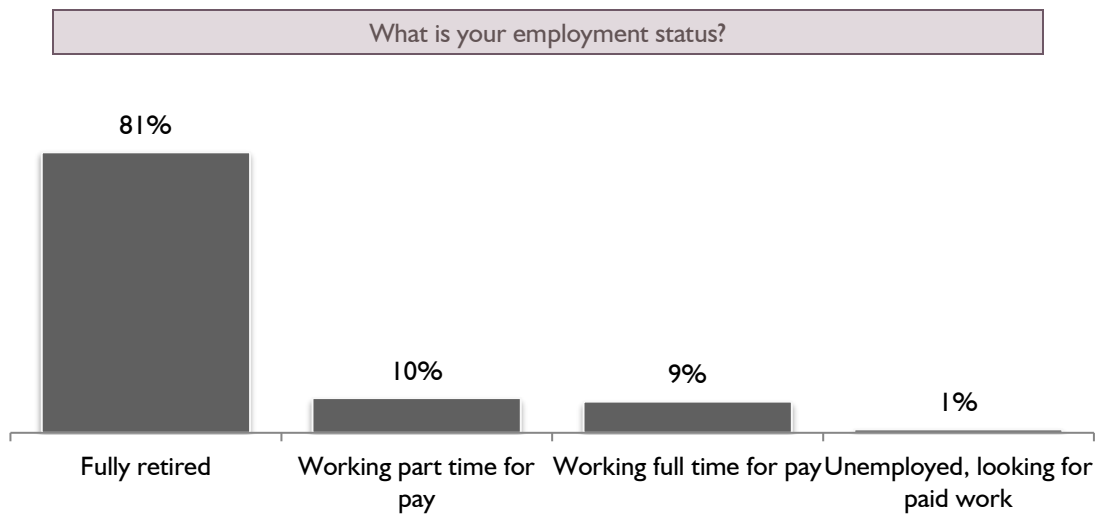
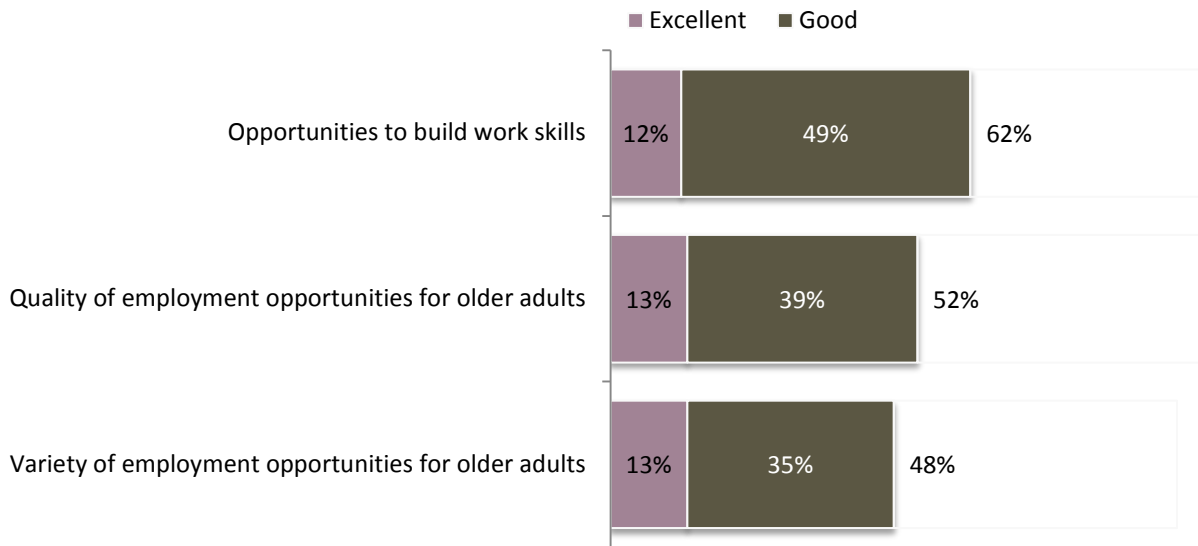


Figure 23: Expected Retirement Age of Older Residents in Orland Park

[If not yet fully retired] At what age do you expect to retire completely and not work for pay at all?	Percent of respondents
60 to 64	7%
65 to 69	25%
70 to 74	36%
75 or older	32%
Average age of expected retirement (for those not yet fully retired)	73

In Orland Park, about 50% of respondents rated the quality and variety of employment opportunities as excellent or good. Further, about 62% of respondents rated opportunities to build work skills as excellent or good. Assessments of the quality of employment opportunities for older adults were much higher than national benchmarks.

Figure 24: Employment Opportunities in Orland Park

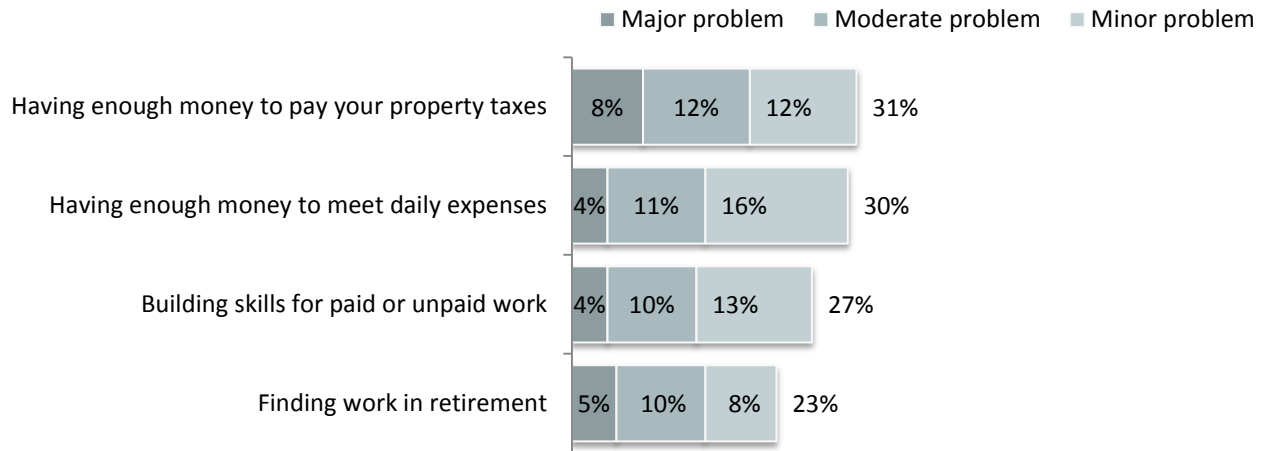


Note: More than 60% of respondents answered “don’t know” when asked to rate the overall quality (64%) and variety (65%) of employment opportunities to older adults, as well as opportunities to build work skills (63%).

Regardless of residents' work status, roughly one-quarter of older adults experienced at least minor problems with finding work in retirement or building skills for paid or unpaid work. Further, about one-third had problems having enough money to meet daily expenses or property taxes. The proportions of older adults that had any of these financial or legal problems were lower in Orland Park than in other communities (see *Appendix C: Benchmark Comparisons* for details).

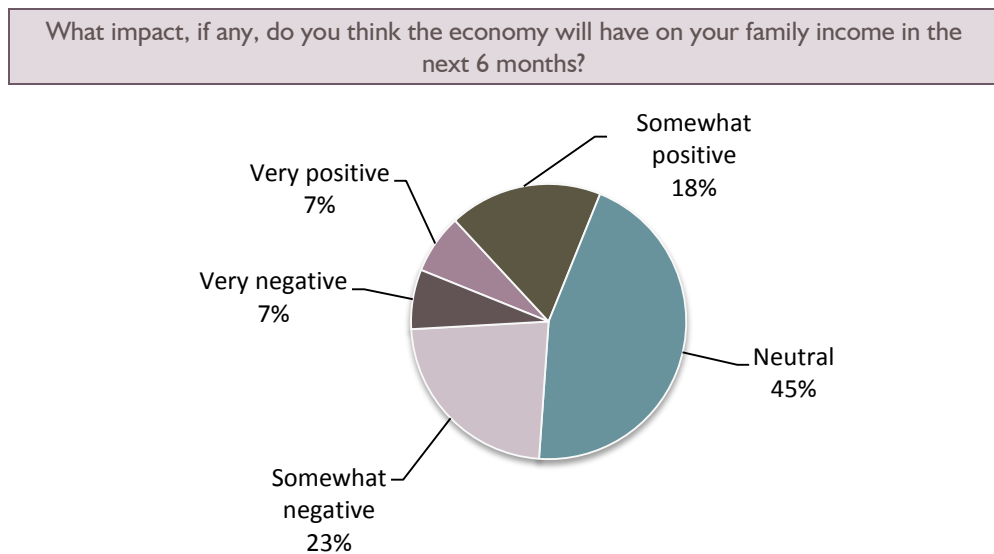
Additionally, about 1 in 4 older residents believed the economy would have a very or somewhat positive impact on their income in the six months following the survey. About 45% believed the impact would be neutral and 30% felt it would be very or somewhat negative.

Figure 25: Financial and Legal Problems of Older Residents in Orland Park



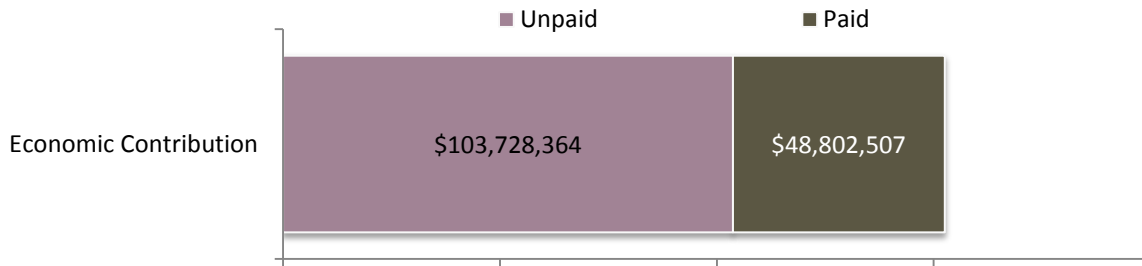
Note: About 49% of respondents answered “don’t know” when asked to rate how much of a problem it was finding working in retirement, while 55% selected “don’t know” when asked about building skills for paid or unpaid work.

Figure 26: Economic Outlook



Productive behavior is “any activity, paid or unpaid, that generates goods or services of economic value.”² Productive activities include both paid and unpaid work of many kinds as well as services to friends, family or neighbors. Older adults provide significant contributions (paid and unpaid) to the communities in which they live. In addition to their paid work, older adults contributed to Orland Park through volunteering, providing informal help to family and friends and caregiving. The value of these paid and unpaid contributions by older adults in Orland Park totaled over \$152 million in a 12-month period (see *Appendix B: Survey Methodology* for additional detail).

Figure 27: Economic Contribution of Older Adults in Orland Park



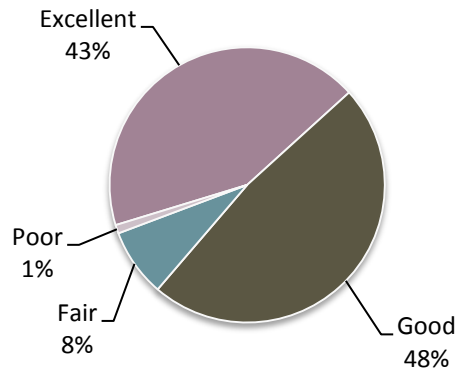
Health and Wellness

The Centers for Disease Control and Prevention have argued, “Poor health is not an inevitable consequence of aging,”¹⁶ yet community supports are needed to help maintain the health and independence of a growing older adult population. Of all the attributes of aging, health poses the greatest risk and the biggest opportunity. If the community cannot assist the independence of residents who experience the inevitable decline in health that accompanies aging, the potential economic contribution of older residents will be lost to hospitals and nursing homes. Health and wellness for the purposes of this study included not only physical and mental health, but issues of independent living and health care.

About 91% of respondents rated the overall health and wellness opportunities in Orland Park as excellent or good.

Figure 28: Overall Health and Wellness Opportunities in Orland Park

How would you rate the overall health and wellness opportunities in Orland Park?



Physical Health

CASOA assessed a variety of physical issues commonly affecting people as they age as well as provided older residents the opportunity to rate health opportunities in Orland Park. About 85% of older residents rated fitness opportunities (including exercise classes and paths or trails, etc.) positively in Orland Park. The availability of affordable quality physical health care was rated positively by 77%. Most (84%) older residents rated their overall physical health as excellent or good. Overall, the older adults in Orland Park rated fitness opportunities, the availability of affordable quality physical health care, and their overall physical health much higher than other communities in the U.S., yet rated lower (see *Appendix C: Benchmark Comparisons* for details).

Figure 29: Physical Health Opportunities in Orland Park

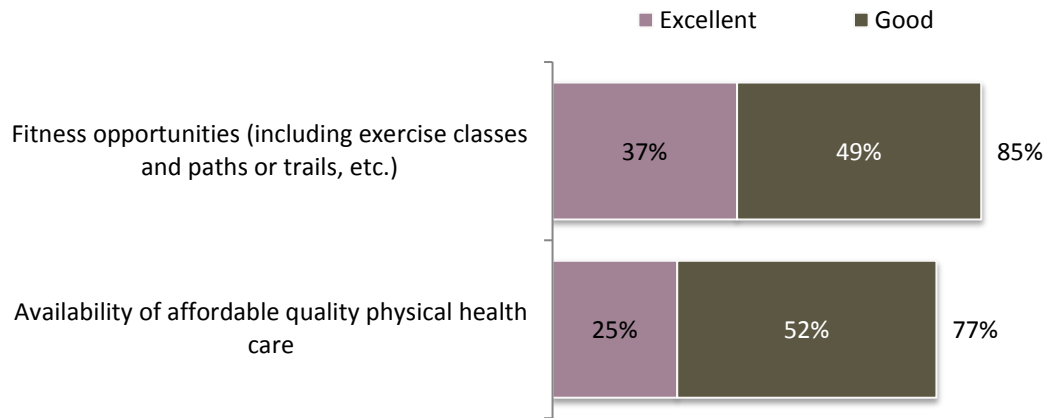
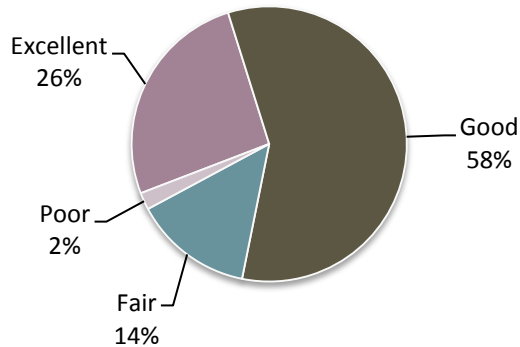


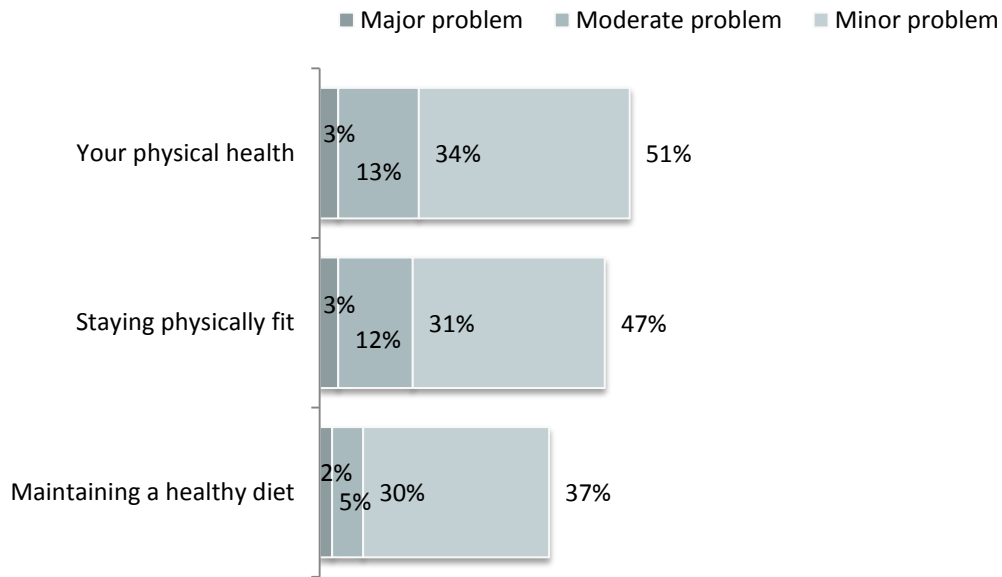
Figure 30: Overall Physical Health of Older Residents in Orland Park

How would you rate your overall physical health?



Respondents reported the extent to which they had experienced problems with various physical health-related issues in the 12 months prior to the survey. About 51% reported that their physical health was at least a minor problem, while 47% felt similarly about staying physically fit. About 37% of older adults reported at least a minor problem with maintaining a healthy diet. The proportions of older residents reporting problems with physical health and staying physically fit were lower in Orland Park than elsewhere. The proportion of those with problems maintain a healthy diet was similar to the national benchmark (Additional comparisons are available in *Appendix C: Benchmark Comparisons*).

Figure 31: Physical Health Problems of Older Residents in Orland Park

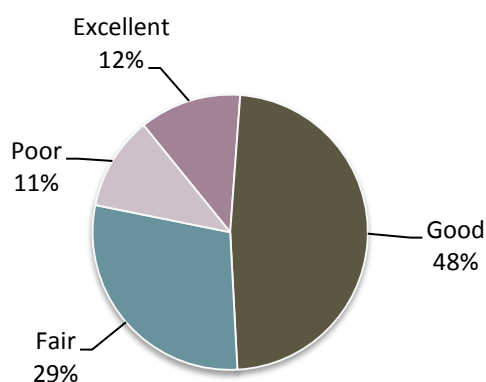


Mental Health

In addition to rating aspects of physical health, older residents provided insight into aspects of their mental health. About 6 in 10 of older resident felt there was excellent or good availability of affordable quality mental health care in Orland Park, while about 94% rated their overall mental health/emotional wellbeing positively. Mental health ratings in Orland Park tended to be higher than other communities across the nation, while ratings for the availability of affordable quality mental health care were much higher than average (see *Appendix C: Benchmark Comparisons* for details).

Figure 32: Availability of Mental Health Care in Orland Park

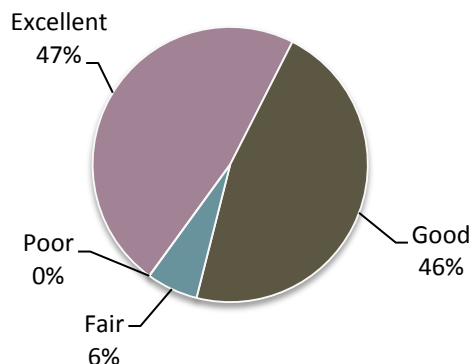
Please rate the availability of affordable quality mental health care as it relates to older adults in Orland Park



Note: About 55% of respondents answered "don't know" when asked to rate the availability of affordable quality mental health care.

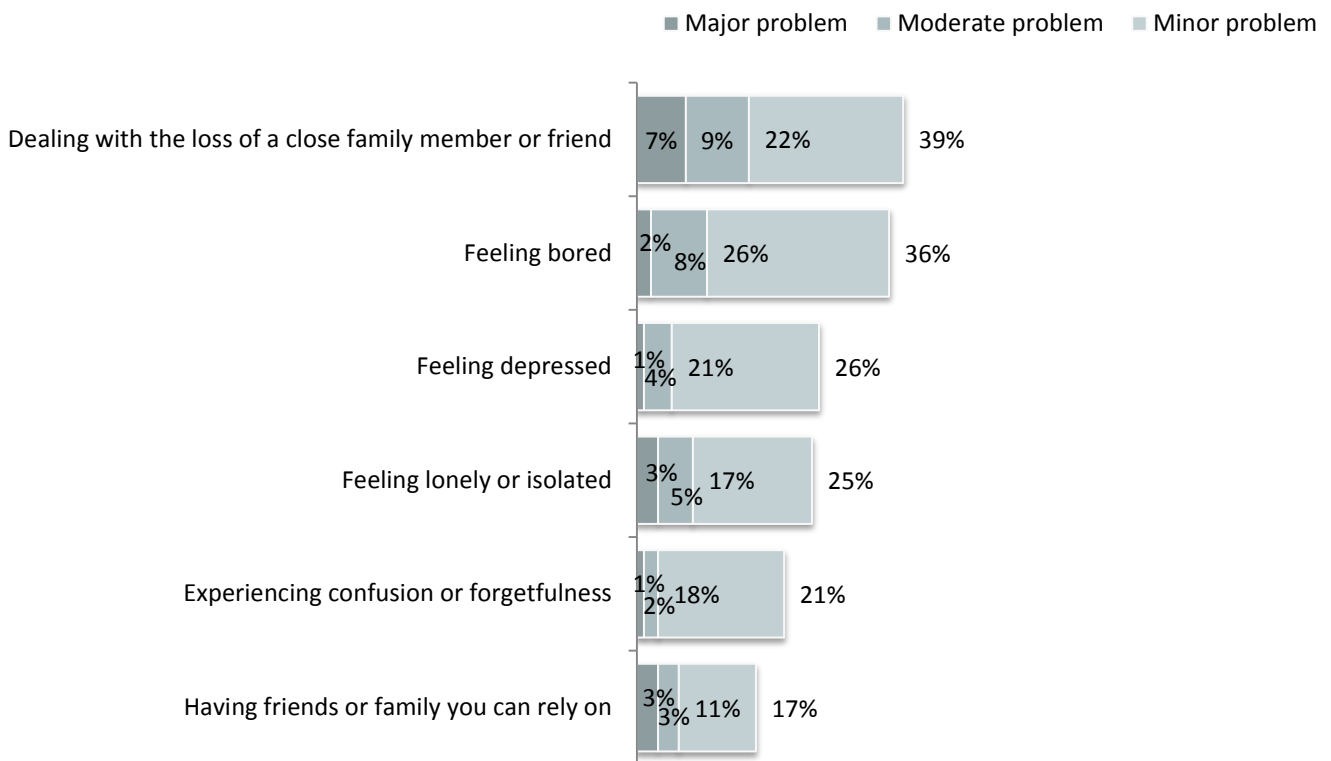
Figure 33: Emotional Wellbeing of Older Residents in Orland Park

How do you rate your overall mental health/emotional wellbeing?



While few older adults in Orland Park reported poor emotional wellbeing, they still reported at least “minor” problems with some aspects of their mental health. Roughly 4 in 10 older adults cited issues with dealing with the loss of a close family member or friend and feeling bored, while about one-quarter had problems with feeling lonely or isolated and feeling depressed. About 2 in 10 older residents faced issues experiencing confusion or forgetfulness, and 17% had at least a minor problem with having friends or family they could rely on. The mental health problems experienced by Orland Park older adults tended to be less common than the problems experienced by older adults in other communities, with the exception of feeling bored, lonely, or isolated, which were just as common (see *Appendix C: Benchmark Comparisons* for details).

Figure 34: Mental Health Problems of Older Residents in Orland Park

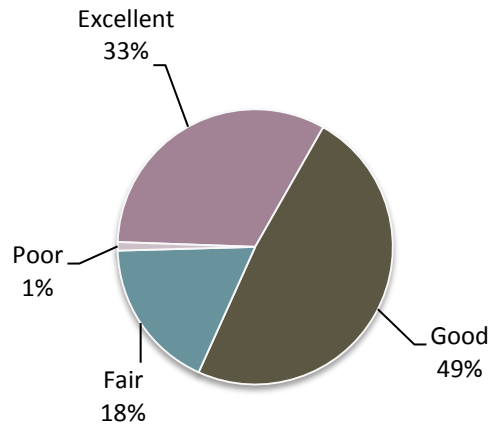


Health Care

About 82% of Orland Park's older residents rated the availability of preventive health services as excellent or good. Compared to other communities across the nation, Orland Park's preventative health services were rated much higher than the services provided by its peers (see *Appendix C: Benchmark Comparisons* for details).

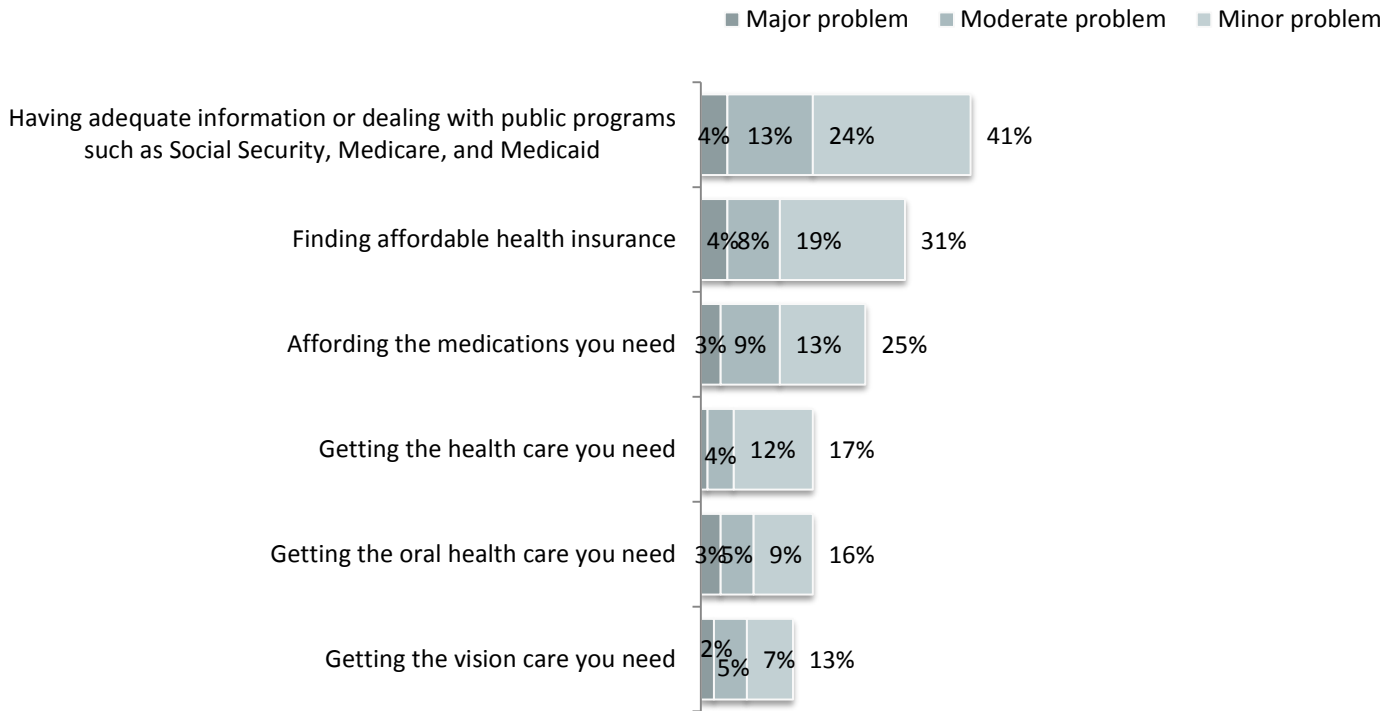
Figure 35: Availability of Preventative Health Care in Orland Park

Please rate the availability of preventive health services (e.g., health screenings, flu shots, educational workshops).



Older residents reported some problems with aspects of health care in Orland Park. The most commonly cited health care issues included having adequate information or dealing with public programs (41% at least a minor problem), finding affordable health insurance (31%), and affording the medications they need (25%), while the least cited issues included getting the health (17%), oral (16%), and vision (13%) care they need. Orland Park’s older residents were less likely to have these health care problems than the older residents of other communities across the U.S. The exception was having adequate information or dealing with public programs, which was similar to the national benchmark (see *Appendix C: Benchmark Comparisons* for details).

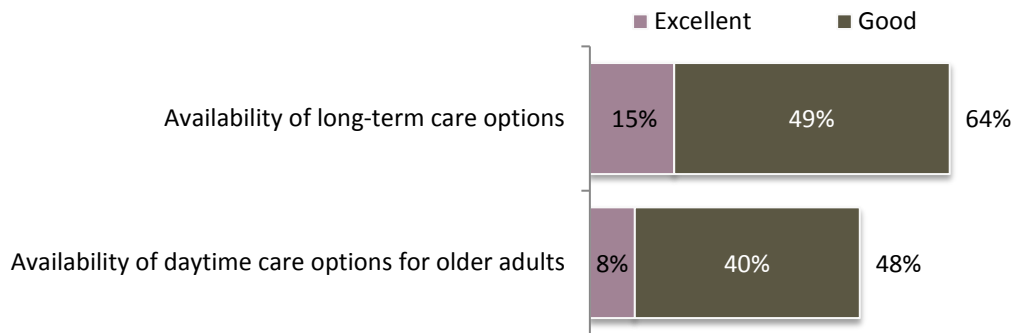
Figure 36: Health Care Problems of Older Residents in Orland Park



Independent Living

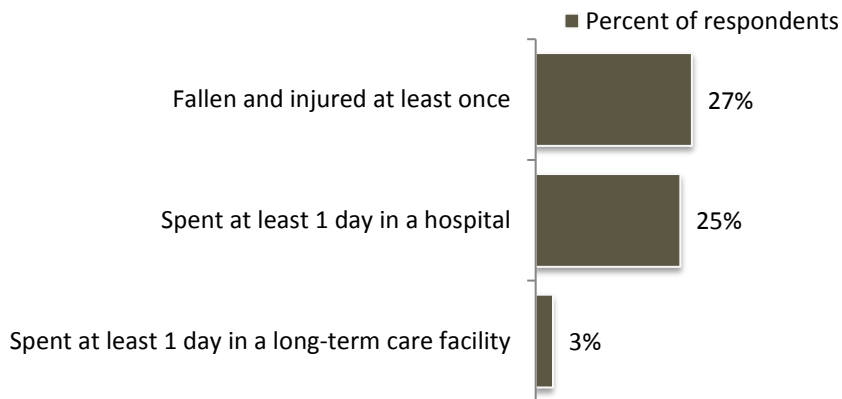
For those unable to live independently (either temporarily or permanently), having care options available could mean the difference between remaining in, or leaving the community. About 64% of Orland Park’s older residents positively rated the availability of long-term care options, while the availability of daytime care options for older adults was rated favorably by 48%. Care options in Orland Park were much higher than the services provided by other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for details). Additionally, about 27% of respondents reported they had fallen and injured themselves as least one in the 12 months prior to the survey, which was similar to the national average. About one-quarter had spent at least one day in a hospital and only 3% had spent at least one day in a long-term care facility (similar to the national benchmark).

Figure 37: Care Options for Older Residents in Orland Park



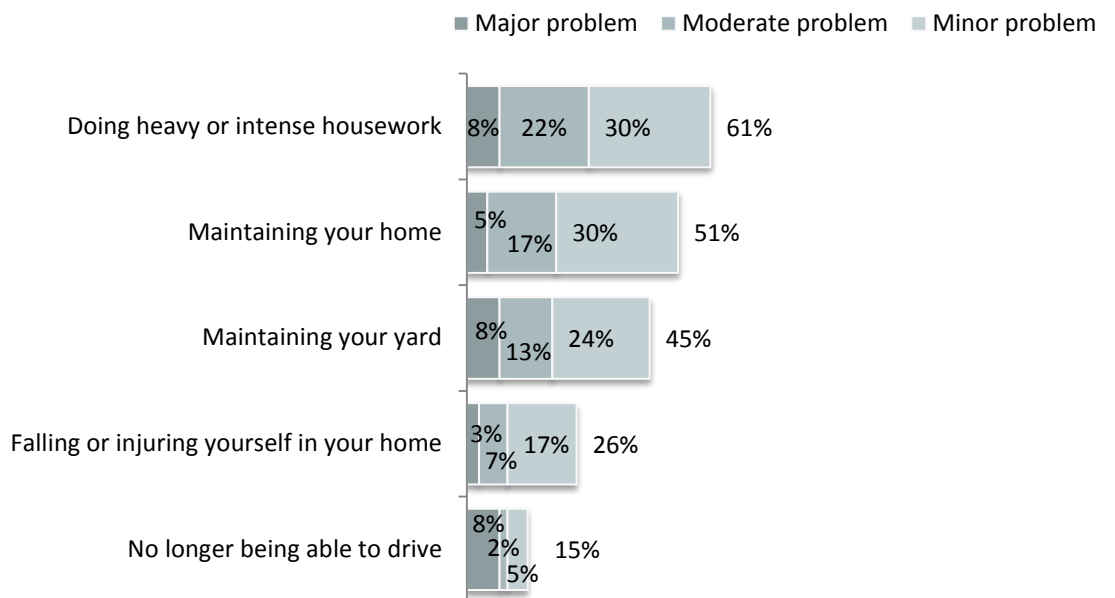
Note: About 39% of respondents answered “don’t know” when asked to rate the availability of long-term care options, while 60% answered “don’t know” when asked to rate the availability of daytime care options for older adults.

Figure 38: Falls, Hospitalizations and Institutionalizations of Older Residents in Orland Park in Prior 12 Months



Activities of daily living (ADL) usually include bathing, dressing and moving from bed to chair. Other activities of daily living, usually referred to as instrumental activities of daily living (IADL), include doing laundry, preparing meals, managing the household and so on. Inability to do one or more ADL or IADL means less independence. Most notably, 61% reported having problems with doing heavy or intense housework, followed by about 50% having issues with maintaining their home or yard. About 1 in 4 had problems with falling or injuring themselves in their homes and 15% with no longer being able to drive. Problems with no longer being able to drive and falling or injuring oneself tended to be just as common in Orland Park as peer communities see *Appendix C: Benchmark Comparisons* for details).

Figure 39: Independent Living Problems Faced by Older Residents in Orland Park

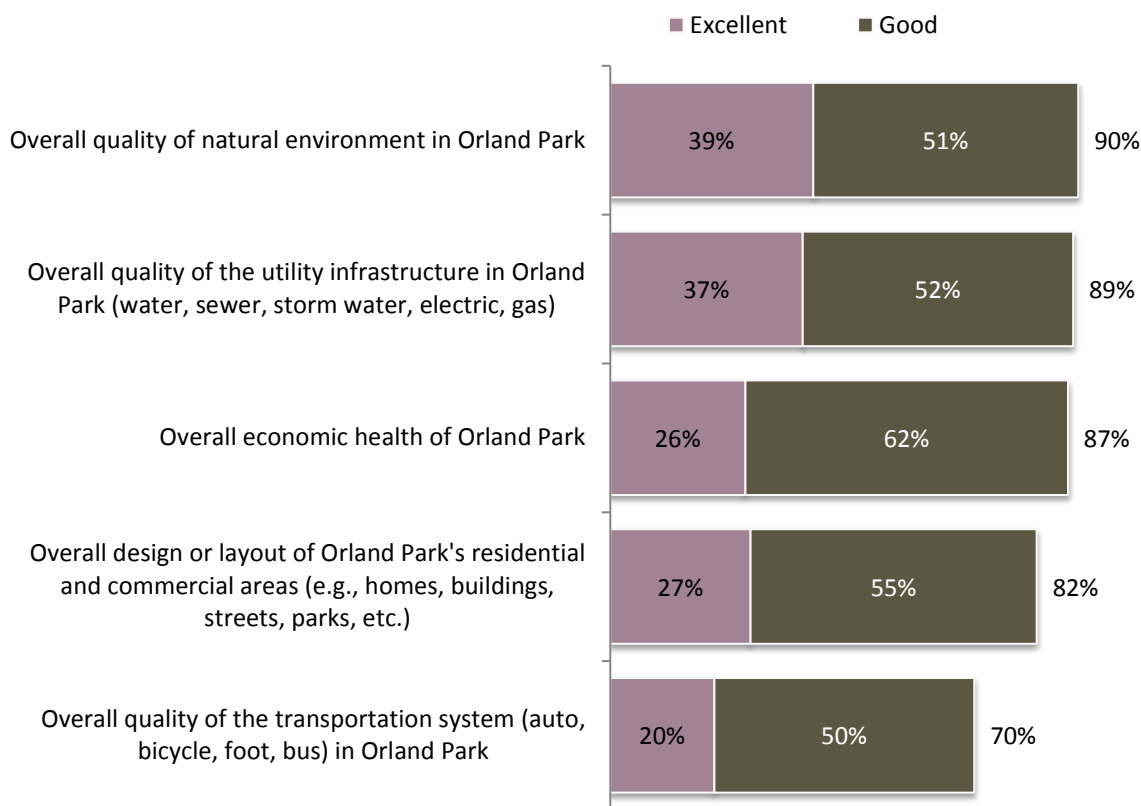


Community Design and Land Use

The movement in America towards designing more “livable” communities – those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design – will become a necessity for communities to age successfully. “Smart growth” is not only beneficial for the environment, but holds great promise for the mobility, independence and civic life of its older residents. Generally, communities that have planned for older adults tend to emphasize access – a community design that facilitates movement and participation.

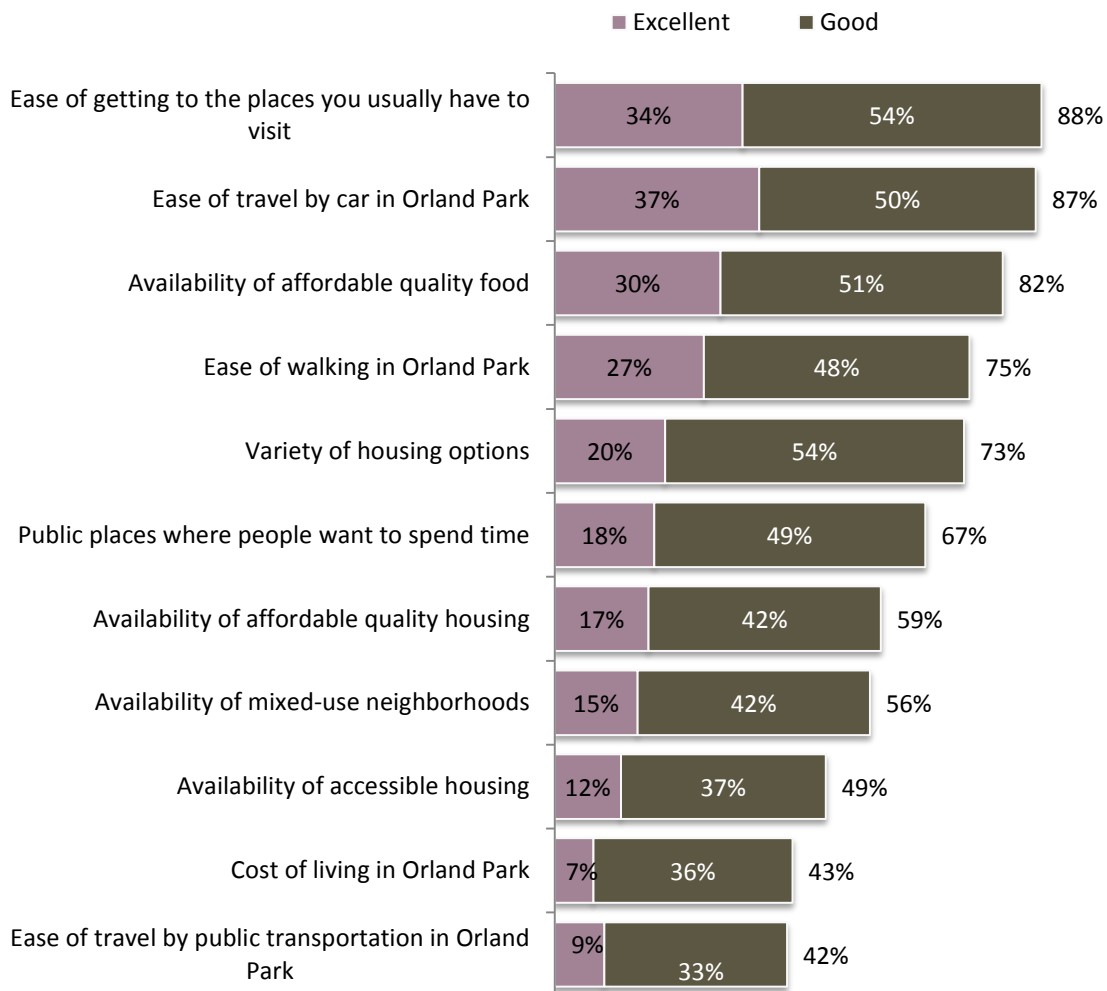
When reviewing overall characteristics related to community design and land use, the overall quality of the natural environment (90% excellent or good) and the overall quality of the utility infrastructure in Orland Park (89%) topped the list. About 87% rated the overall economic health of Orland Park as excellent or good, while 82% gave high marks to the overall design or layout of Orland Park’s residential and commercial areas. Further, 7 in 10 rated the overall quality of the transportation system positively.

Figure 40: Overall Community Design and Mobility in Orland Park



Orland Park’s older adults evaluated a number of aspects of design and land use in the community. Respondents rated ease of getting to the places you usually have to visit, ease of travel by car, and availability of affordable quality food most positively, with at least 8 in 10 saying they were excellent or good. About three-quarters gave high marks to easy of walking and variety of housing options, and about two-thirds favorably reviewed public places where people want to spend time. Just over half of older adults positively rated the availability of affordable quality housing and mixed-use neighborhoods. However, fewer than half gave positive reviews to the other items, with the availability of accessible housing, cost of living, and ease of travel by public transportation receiving the lowest marks. Assessments of ease of travel by public transportation and cost of living were similar to the national benchmarks, while ratings of ease of travel by car, walking, and getting to the places you have to go, availability of affordable quality food, housing, and variety of housing options were much higher than in communities across the U.S. (see *Appendix C: Benchmark Comparisons* for details).

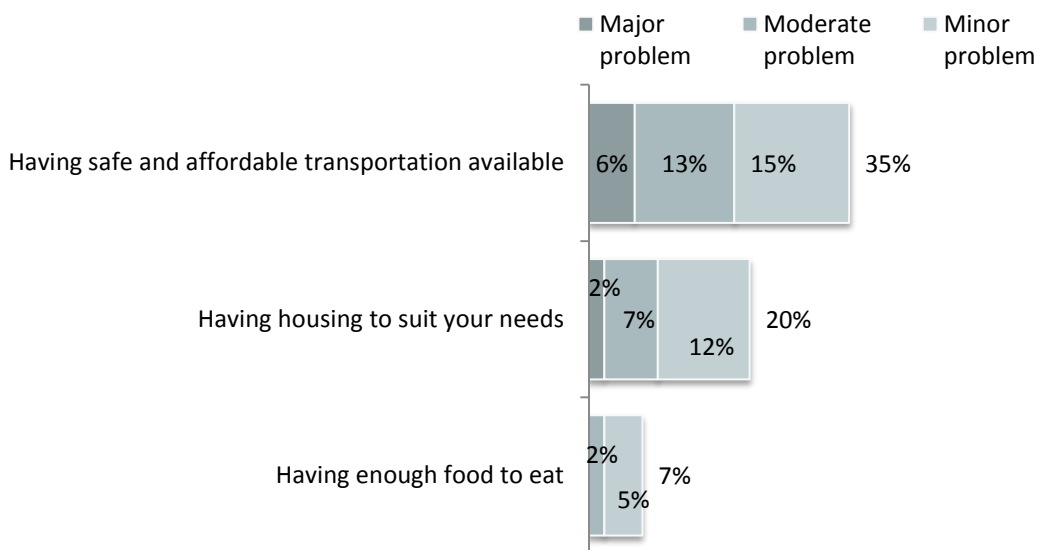
Figure 41: Aspects of Design and Land Use in Orland Park



Note: About 39% of respondents answered “don’t know” when asked to rate the availability of accessible housing, and about 38% answered “don’t know” when asked about ease of travel by public transportation.

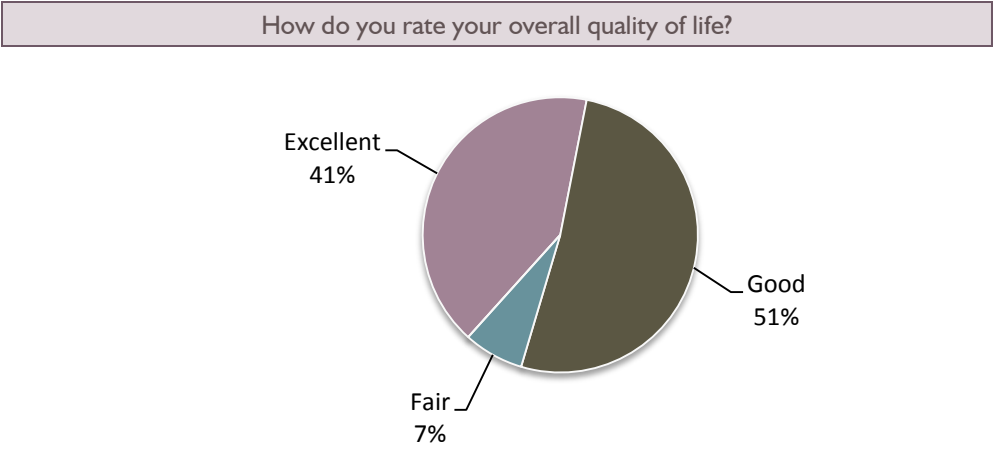
For residents to remain independent contributors to community quality, local government programs or policies can ease their participation in social and civic activities. This ease of participation comes from land use and economic planning that locates services in or close to residences, provides convenient transportation alternatives when services are too far to reach by walking, and makes walking routes attractive. Thirty-five percent of older adults experienced problems with having safe and affordable transportation. About 2 in 10 had problems having housing to suit their needs and 7% reported issues with having enough food to eat. Older adults in Orland Park were more likely to experience problems with having safe and affordable transportation available when compared to other communities across the nation, while problems having housing to suit your needs and enough food to eat were on par with the national average (see *Appendix C: Benchmark Comparisons* for details).

Figure 42: Basic Needs Problems of Older Residents in Orland Park



Ultimately, communities that have planned well by promoting mobility, independence and meaningful engagement of its older residents provide a high quality of life for their residents of all ages. In Orland Park, 92% of older residents rated their overall quality of life as excellent or good. Residents' overall quality of life was rated higher than other communities in the U.S. (see *Appendix C: Benchmark Comparisons* for details).

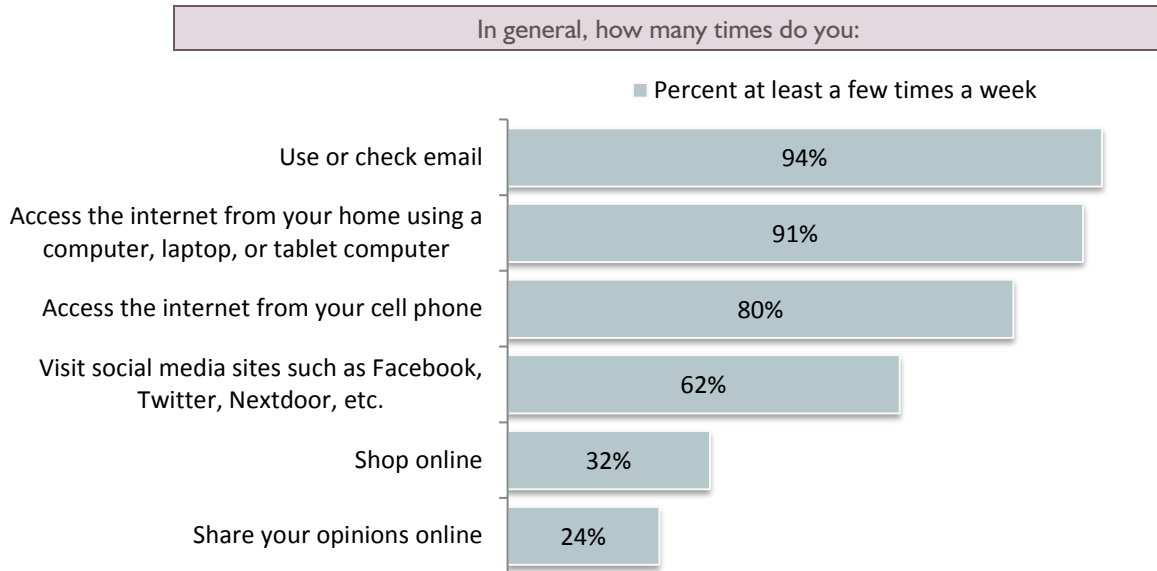
Figure 43: Overall Quality of Life of Older Residents in Orland Park



Digital Connectedness

Older adults were asked how often they engage in various online activities. Almost all residents (94%) use or check email at least a few times a week. Roughly 9 in 10 respondents reported they access the internet from their home at least a few times a week, while 8 in 10 access the internet from a cell phone. About 62% visit social media sites, while less than half reported shopping online (32%) or sharing their opinions online (24%) at least a few times a week.

Figure 44: Older Adult Online Engagement



Community Readiness

Communities that assist older adults to remain or become active community participants provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care. It is not a package mix, so each community must identify what its older adults seek and what the community provides. The judgments of the residents for whom community planning takes place provide the elements of an equation that describes overall community quality in Orland Park (Figure).

The following section of this report summarizes how older residents view Orland Park as a community that creates a thriving environment for its older adults within the six community dimensions of Overall Community Quality, Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use.

Further, older adults, more than others, face difficulties with aspects of everyday life. For many older adults these difficulties vastly exceed the minor physical pains or small losses of function that characterize almost everyone's circumstances after a certain age. When individual problems are added together, a group picture emerges that provides a useful description of the entire community of Orland Park. Nationally, areas where older adults face the largest share of life's challenges include caregiving, health and mental health, in-home support, nutrition and food security and transportation. This study also explored specific problems or stressors encountered by older adults in Orland Park, such as physical and emotional difficulties and injuries that have compromised their independence. Within the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use, the magnitude of these individual-level needs is presented (Figure), culminating in an exploration of high-risk populations (Figure).

Orland Park Opportunities and Challenges

Survey respondents were asked to rate several aspects of the community which were converted to an average scale of 0 (the lowest rating, e.g., “poor”) to 100 (the highest rating, e.g., “excellent”) and then combined to provide one overall rating (index¹) for each of the six dimensions of Community Readiness. (For more information on how the summary scores were calculated see *Appendix B: Survey Methodology*.)

Summary scores provide a broad picture of how older adult residents perceived the Orland Park community:

- Older residents gave the areas of Overall Community Quality and Health and Wellness the highest scores.
- Community Information, Productive Activities, Community Design and Land Use, and Community and Belonging were rated slightly less favorably, but still good.

Figure 45: Orland Park Community Readiness Chart



Scale: 0=Lowest/most negative, 100=Highest/most positive

¹ These ratings are not to be understood like ratings from school tests. Because they are summaries of several questions that range from 0 as “poor,” 33 as “fair,” 66 as “good” and 100 as “excellent”, a score of 58, as one example, should be interpreted as closer to “good” than “fair” (with the midpoint of the scale, 50, representing equidistance between “good” and “fair”).

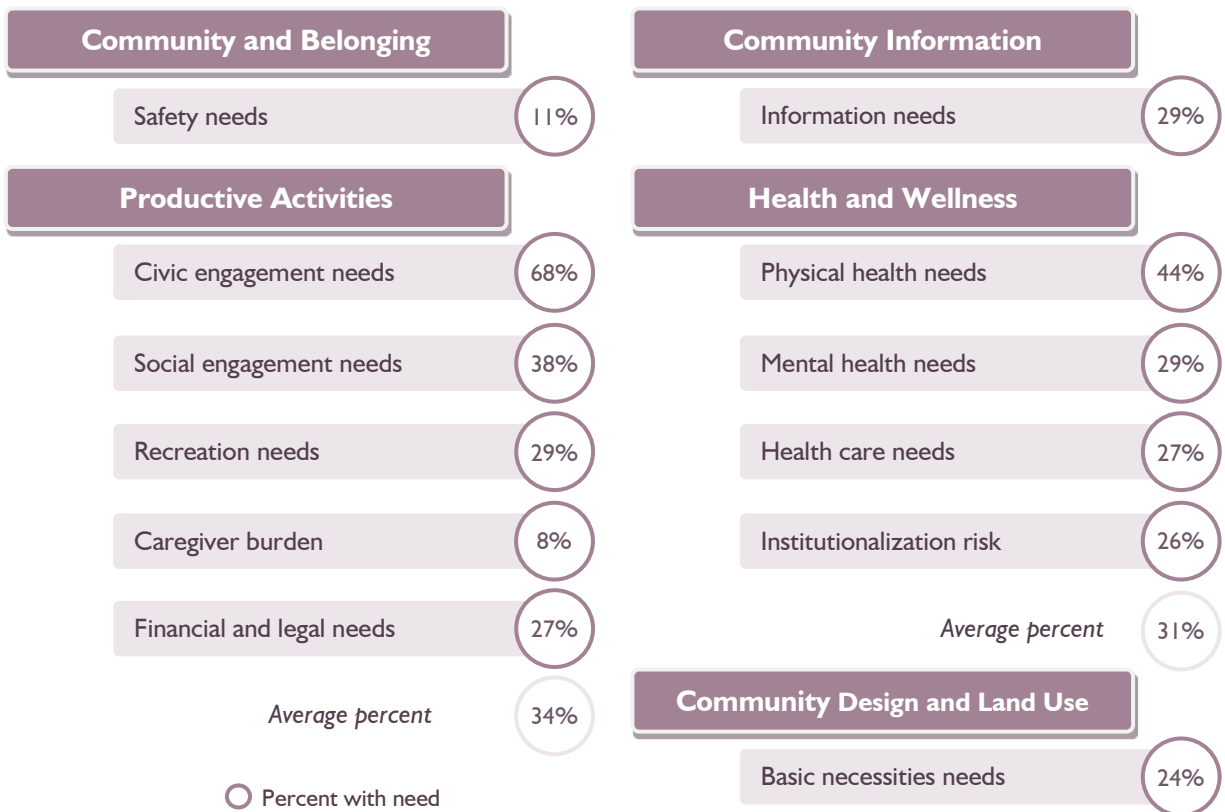
Older Resident Needs in Orland Park

Over 40 individual survey questions about specific problems faced by older community members, as well as participation levels and community engagement were summarized into 12 larger areas to provide a broad picture of older resident needs in Orland Park. Summary scores are based on the average percent of respondents who experienced problems or had low levels of participation and engagement. *Appendix B: Survey Methodology* provides detailed information on the criteria used to identify respondents as having a need in a specific area. These 12 areas have been organized into the five community dimensions of Community and Belonging, Community Information, Productive Activities, Health and Wellness, and Community Design and Land Use (no needs areas have been defined for the community dimension of Overall Community Quality).

Typically, it is understood that the self-reported needs of older adults represent a minimum level, a conservative estimate attenuated by respondents’ strong desire to feel and appear self-reliant and further reduced by the silent voice of some older adults who, no matter how sensitive the attempt, are too frail to participate in any survey enterprise. Nonetheless, clear patterns of needs and strengths emerged from this assessment:

- Older residents had the largest needs in the areas of civic engagement and physical health.
- A significant portion had needs in the areas of social engagement, mental health, recreation, and information.
- Few reported needs in the areas of safety and caregiver burden.

Figure 46: Older Adult Needs in Orland Park by Community Dimension



While older residents reported the lowest prevalence of need in the areas of safety and caregiver burden, needs can be quite serious for those affected. It should be understood that the percent of the population that experiences a problem is not a measure of how difficult a problem is to endure for the people who share it. Some needs or opportunities, though rare as a percent of residents, have a particularly devastating impact on residents' quality of life – for example, needing help transferring from bed to wheelchair or having a problem with safety, so it is important to consider both the prevalence of the need or opportunity and its centrality to residents' sustained independence.

Figure 47: Older Resident Needs in Orland Park

Area of need	Percent with need	Number affected in 2021 (N=10,416)
Safety	11%	1,100
Civic engagement	68%	7,092
Social engagement	38%	3,923
Recreation	29%	3,072
Financial and legal	27%	2,781
Information	29%	3,011
Caregiver burden	8%	799
Physical health	44%	4,576
Mental health	29%	3,055
Health care	27%	2,809
Institutionalization risk	26%	2,661
Basic necessities	24%	2,533

Populations at High Risk

As people age, many learn to take better care of themselves, to plan for retirement and, generally, to move more deliberately. Aging builds wisdom but can sap resources — physical, emotional and financial. Even those blessed by good luck or those prescient enough to plan comprehensively for the best future may find themselves with unanticipated needs or with physical, emotional or financial strengths that could endure only with help. Some people age better than others and aging well requires certain strengths that are inherent and others that can be supported by assistance from the private sector and government. For Orland Park’s older adults, although needs were spread across the board, residents reporting the largest percent of unresolved needs in Orland Park were more likely to be Hispanic, report a lower income, rent their homes, and live alone.

Figure 48: Needs of Older Population by Sociodemographic Characteristics, Percent and Number Affected in 2021 (N=10,416)

	Community and Belonging		Community Information		Health and Wellness		Productive Activities		Community Design and Land Use	
Female	11%	629	29%	1,669	32%	1,945	34%	2,079	26%	1,599
Male	11%	455	29%	1,234	32%	1,360	35%	1,496	22%	948
65 to 74 years	14%	1,414	31%	3,219	27%	2,788	35%	3,652	21%	2,164
75 or over	8%	786	27%	2,814	38%	3,927	33%	3,478	29%	3,070
White	11%	1,119	29%	3,025	32%	3,311	34%	3,564	25%	2,601
Not white	5%	563	14%	1,480	31%	3,214	36%	3,798	13%	1,367
Hispanic	15%	1,613	39%	4,067	27%	2,817	34%	3,529	27%	2,829
Not Hispanic	10%	1,054	28%	2,927	32%	3,315	34%	3,568	24%	2,495
Less than \$25,000	14%	1,418	37%	3,877	50%	5,172	46%	4,786	48%	5,024
\$25,000 to \$74,999	11%	1,162	29%	3,063	38%	3,941	39%	4,079	26%	2,686
\$75,000 or more	7%	685	25%	2,655	25%	2,646	28%	2,937	20%	2,044
Rent	0%	0	36%	3,710	38%	3,913	37%	3,831	45%	4,686
Own	11%	1,170	28%	2,940	31%	3,242	34%	3,557	22%	2,343
Lives alone	10%	1,010	27%	2,829	40%	4,131	36%	3,738	29%	3,041
Lives with others	11%	1,100	29%	3,044	28%	2,915	34%	3,518	22%	2,292
Overall	11%	1,100	29%	3,011	31%	3,271	34%	3,552	24%	2,533

Appendix A: Complete Set of Survey Responses

The following pages contain a complete set of responses to each question on the survey. For questions that included a “don’t know” response option, two tables for that question are provided: the first includes the “don’t know” responses and the second excludes the “don’t know” responses.

Table 1: Question 1 - Including Don't Know Responses

Please rate each of the following aspects of quality of life in Orland Park.	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Orland Park as a place to live	51%	N=237	43%	N=199	4%	N=19	0%	N=2	1%	N=3	100%	N=460
Your neighborhood as a place to live	60%	N=273	35%	N=160	5%	N=21	0%	N=2	0%	N=2	100%	N=457
Orland Park as a place to retire	35%	N=160	35%	N=161	21%	N=94	7%	N=33	2%	N=8	100%	N=455
Sense of community	30%	N=138	42%	N=193	18%	N=84	5%	N=25	4%	N=17	100%	N=456
The overall quality of life in Orland Park	42%	N=189	51%	N=229	6%	N=28	1%	N=4	1%	N=3	100%	N=454

Table 2: Question 1 - Excluding Don't Know Responses

Please rate each of the following aspects of quality of life in Orland Park.	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Orland Park as a place to live	52%	N=237	44%	N=199	4%	N=19	0%	N=2	100%	N=457
Your neighborhood as a place to live	60%	N=273	35%	N=160	5%	N=21	0%	N=2	100%	N=455
Orland Park as a place to retire	36%	N=160	36%	N=161	21%	N=94	7%	N=33	100%	N=447
Sense of community	31%	N=138	44%	N=193	19%	N=84	6%	N=25	100%	N=439
The overall quality of life in Orland Park	42%	N=189	51%	N=229	6%	N=28	1%	N=4	100%	N=450

Table 3: Question 2 - Including Don't Know Responses

Please rate each of the following characteristics as they relate to Orland Park as a whole.	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Overall economic health of Orland Park	24%	N=107	57%	N=257	11%	N=50	1%	N=3	8%	N=36	100%	N=453
Overall quality of the transportation system (auto, bicycle, foot, bus) in Orland Park	19%	N=85	46%	N=210	24%	N=109	4%	N=17	7%	N=32	100%	N=452
Overall design or layout of Orland Park's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	27%	N=121	54%	N=248	15%	N=69	2%	N=9	2%	N=7	100%	N=454
Overall quality of the utility infrastructure in Orland Park (water, sewer, storm water, electric, gas)	36%	N=164	51%	N=232	10%	N=43	1%	N=4	3%	N=13	100%	N=457
Overall feeling of safety in Orland Park	32%	N=145	52%	N=235	12%	N=56	4%	N=18	0%	N=0	100%	N=454
Overall quality of natural environment in Orland Park	38%	N=172	49%	N=223	9%	N=39	1%	N=5	2%	N=11	100%	N=450
Overall quality of parks and recreation opportunities	48%	N=218	43%	N=195	5%	N=24	1%	N=3	2%	N=11	100%	N=452
Overall health and wellness opportunities in Orland Park	41%	N=187	46%	N=210	8%	N=35	1%	N=4	4%	N=19	100%	N=456
Overall opportunities for education, culture, and the arts	30%	N=138	47%	N=217	16%	N=73	2%	N=8	5%	N=22	100%	N=458
Residents' connection and engagement with their community	14%	N=65	46%	N=212	26%	N=118	5%	N=22	9%	N=43	100%	N=460

Table 4: Question 2 - Excluding Don't Know Responses

Please rate each of the following characteristics as they relate to Orland Park as a whole.	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Overall economic health of Orland Park	26%	N=107	62%	N=257	12%	N=50	1%	N=3	100%	N=417
Overall quality of the transportation system (auto, bicycle, foot, bus) in Orland Park	20%	N=85	50%	N=210	26%	N=109	4%	N=17	100%	N=420
Overall design or layout of Orland Park's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	27%	N=121	55%	N=248	15%	N=69	2%	N=9	100%	N=447
Overall quality of the utility infrastructure in Orland Park (water, sewer, storm water, electric, gas)	37%	N=164	52%	N=232	10%	N=43	1%	N=4	100%	N=444
Overall feeling of safety in Orland Park	32%	N=145	52%	N=235	12%	N=56	4%	N=18	100%	N=454
Overall quality of natural environment in Orland Park	39%	N=172	51%	N=223	9%	N=39	1%	N=5	100%	N=439

Please rate each of the following characteristics as they relate to Orland Park as a whole.	Excellent		Good		Fair		Poor		Total	
Overall quality of parks and recreation opportunities	49%	N=218	44%	N=195	6%	N=24	1%	N=3	100%	N=441
Overall health and wellness opportunities in Orland Park	43%	N=187	48%	N=210	8%	N=35	1%	N=4	100%	N=437
Overall opportunities for education, culture, and the arts	32%	N=138	50%	N=217	17%	N=73	2%	N=8	100%	N=436
Residents' connection and engagement with their community	16%	N=65	51%	N=212	28%	N=118	5%	N=22	100%	N=417

Table 5: Question 3 - Including Don't Know Responses

	Excellent		Good		Fair		Poor		Don't know		Total	
How would you rate the overall services provided to older adults in Orland Park?	27%	N=125	47%	N=215	13%	N=61	1%	N=6	11%	N=50	100%	N=457

Table 6: Question 3 - Excluding Don't Know Responses

	Excellent		Good		Fair		Poor		Total	
How would you rate the overall services provided to older adults in Orland Park?	31%	N=125	53%	N=215	15%	N=61	1%	N=6	100%	N=407

Table 7: Question 4 - Including Don't Know Responses

Please indicate how likely or unlikely you are to do each of the following.	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Don't know		Total	
Recommend living in Orland Park to older adults	43%	N=194	39%	N=179	10%	N=44	5%	N=22	3%	N=15	100%	N=456
Remain in Orland Park throughout your retirement	47%	N=214	29%	N=132	12%	N=53	9%	N=43	3%	N=14	100%	N=456

Table 8: Question 4 - Excluding Don't Know Responses

Please indicate how likely or unlikely you are to do each of the following.	Very likely		Somewhat likely		Somewhat unlikely		Very unlikely		Total	
	%	N	%	N	%	N	%	N	%	N
Recommend living in Orland Park to older adults	44%	N=194	41%	N=179	10%	N=44	5%	N=22	100%	N=440
Remain in Orland Park throughout your retirement	48%	N=214	30%	N=132	12%	N=53	10%	N=43	100%	N=441

Table 9: Question 5

In general, how informed or uninformed do you feel about services and activities available to older adults in Orland Park?	Very informed		Somewhat informed		Somewhat uninformed		Very uninformed		Total	
	%	N	%	N	%	N	%	N	%	N
	34%	N=158	50%	N=230	14%	N=66	1%	N=6	100%	N=460

Table 10: Question 6 - Including Don't Know Responses

Please rate the quality of each of the following.	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Your overall physical health	26%	N=119	58%	N=267	14%	N=65	2%	N=8	0%	N=0	100%	N=459
Your overall mental health/emotional wellbeing	47%	N=217	46%	N=211	6%	N=30	0%	N=0	0%	N=0	100%	N=457
Your overall quality of life	41%	N=187	51%	N=232	7%	N=33	0%	N=1	0%	N=0	100%	N=454

Table 11: Question 6 - Excluding Don't Know Responses

Please rate the quality of each of the following.	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Your overall physical health	26%	N=119	58%	N=267	14%	N=65	2%	N=8	100%	N=459
Your overall mental health/emotional wellbeing	47%	N=217	46%	N=211	6%	N=30	0%	N=0	100%	N=457
Your overall quality of life	41%	N=187	51%	N=232	7%	N=33	0%	N=1	100%	N=454

Table 12: Question 7

	Very positive		Somewhat positive		Neutral		Somewhat negative		Very negative		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	7%	N=30	18%	N=82	45%	N=204	23%	N=107	7%	N=33	100%	N=457

Table 13: Question 8 - Including Don't Know Responses

Please rate each of the following characteristics as they relate to older adults in Orland Park	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Ease of travel by public transportation in Orland Park	6%	N=27	20%	N=93	22%	N=100	14%	N=64	38%	N=176	100%	N=460
Ease of travel by car in Orland Park	37%	N=168	49%	N=223	11%	N=48	2%	N=9	1%	N=3	100%	N=451
Ease of walking in Orland Park	26%	N=116	46%	N=209	19%	N=88	5%	N=21	4%	N=18	100%	N=452
Ease of getting to the places you usually have to visit	34%	N=153	53%	N=243	10%	N=47	2%	N=9	1%	N=3	100%	N=454
Opportunities to build work skills	5%	N=21	18%	N=83	12%	N=55	2%	N=9	63%	N=283	100%	N=451
Quality of employment opportunities for older adults	5%	N=21	14%	N=63	13%	N=59	4%	N=19	64%	N=288	100%	N=449
Variety of employment opportunities for older adults	4%	N=20	12%	N=55	14%	N=64	4%	N=17	65%	N=287	100%	N=442
Cost of living in Orland Park	7%	N=31	35%	N=157	47%	N=212	9%	N=40	2%	N=10	100%	N=450
Availability of affordable quality food	30%	N=137	51%	N=232	16%	N=72	2%	N=11	1%	N=5	100%	N=457
Availability of affordable quality housing	14%	N=62	33%	N=153	24%	N=109	8%	N=39	21%	N=96	100%	N=459
Variety of housing options	17%	N=75	45%	N=205	18%	N=80	5%	N=22	15%	N=70	100%	N=453
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways, and doorways)	7%	N=33	23%	N=104	20%	N=89	11%	N=51	39%	N=177	100%	N=454
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	12%	N=56	36%	N=160	23%	N=105	14%	N=63	15%	N=67	100%	N=452
Public places where people want to spend time	16%	N=74	44%	N=197	24%	N=107	6%	N=27	9%	N=41	100%	N=446
Availability of information about resources for older adults	16%	N=74	43%	N=192	23%	N=103	5%	N=24	12%	N=56	100%	N=448

Please rate each of the following characteristics as they relate to older adults in Orland Park	Excellent		Good		Fair		Poor		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Availability of financial or legal planning services	10%	N=46	27%	N=123	16%	N=72	4%	N=17	44%	N=198	100%	N=455
Availability of long-term care options	9%	N=40	30%	N=135	15%	N=66	7%	N=34	39%	N=175	100%	N=451
Availability of daytime care options for older adults	3%	N=14	16%	N=72	12%	N=56	8%	N=38	60%	N=268	100%	N=448
Availability of affordable quality physical health care	21%	N=96	43%	N=194	16%	N=72	3%	N=15	17%	N=77	100%	N=454
Availability of affordable quality mental health care	6%	N=25	22%	N=98	13%	N=58	5%	N=22	55%	N=244	100%	N=446
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	30%	N=138	46%	N=208	16%	N=75	1%	N=2	7%	N=31	100%	N=454
Recreational opportunities (including games, arts, library services, etc.)	31%	N=137	49%	N=222	12%	N=54	2%	N=8	6%	N=29	100%	N=449
Fitness opportunities (including exercise classes and paths or trails, etc.)	34%	N=156	46%	N=207	11%	N=52	2%	N=10	7%	N=30	100%	N=455
Opportunities to participate in community matters	13%	N=59	41%	N=184	17%	N=76	6%	N=26	23%	N=105	100%	N=450
Opportunities to volunteer	14%	N=63	37%	N=169	16%	N=71	2%	N=9	31%	N=138	100%	N=450
Opportunities to enroll in skill-building or personal enrichment classes	9%	N=41	33%	N=152	16%	N=72	4%	N=19	38%	N=172	100%	N=455
Opportunities to attend in social events and activities	13%	N=61	45%	N=204	22%	N=101	3%	N=14	17%	N=76	100%	N=456
Opportunities to attend religious or spiritual activities	32%	N=145	49%	N=222	8%	N=34	1%	N=4	10%	N=45	100%	N=450
Openness and acceptance of the community towards older residents of diverse backgrounds	16%	N=74	37%	N=169	16%	N=74	7%	N=33	23%	N=102	100%	N=453
Making all residents feel welcome	19%	N=86	39%	N=177	22%	N=98	5%	N=24	15%	N=66	100%	N=451
Valuing older residents in Orland Park	17%	N=79	39%	N=179	22%	N=98	6%	N=29	15%	N=70	100%	N=455
Neighborliness of Orland Park	19%	N=83	46%	N=208	25%	N=113	7%	N=29	3%	N=15	100%	N=448

Table 14: Question 8 - Excluding Don't Know Responses

Please rate each of the following characteristics as they relate to older adults in Orland Park	Excellent		Good		Fair		Poor		Total	
	%	N	%	N	%	N	%	N	%	N
Ease of travel by public transportation in Orland Park	9%	N=27	33%	N=93	35%	N=100	23%	N=64	100%	N=284
Ease of travel by car in Orland Park	37%	N=168	50%	N=223	11%	N=48	2%	N=9	100%	N=448
Ease of walking in Orland Park	27%	N=116	48%	N=209	20%	N=88	5%	N=21	100%	N=435
Ease of getting to the places you usually have to visit	34%	N=153	54%	N=243	10%	N=47	2%	N=9	100%	N=452
Opportunities to build work skills	12%	N=21	49%	N=83	33%	N=55	5%	N=9	100%	N=167
Quality of employment opportunities for older adults	13%	N=21	39%	N=63	36%	N=59	12%	N=19	100%	N=161
Variety of employment opportunities for older adults	13%	N=20	35%	N=55	41%	N=64	11%	N=17	100%	N=155
Cost of living in Orland Park	7%	N=31	36%	N=157	48%	N=212	9%	N=40	100%	N=440
Availability of affordable quality food	30%	N=137	51%	N=232	16%	N=72	2%	N=11	100%	N=452
Availability of affordable quality housing	17%	N=62	42%	N=153	30%	N=109	11%	N=39	100%	N=364
Variety of housing options	20%	N=75	54%	N=205	21%	N=80	6%	N=22	100%	N=383
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways, and doorways)	12%	N=33	37%	N=104	32%	N=89	18%	N=51	100%	N=277
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	15%	N=56	42%	N=160	27%	N=105	16%	N=63	100%	N=385
Public places where people want to spend time	18%	N=74	49%	N=197	27%	N=107	7%	N=27	100%	N=405
Availability of information about resources for older adults	19%	N=74	49%	N=192	26%	N=103	6%	N=24	100%	N=393
Availability of financial or legal planning services	18%	N=46	48%	N=123	28%	N=72	7%	N=17	100%	N=257
Availability of long-term care options	15%	N=40	49%	N=135	24%	N=66	12%	N=34	100%	N=275
Availability of daytime care options for older adults	8%	N=14	40%	N=72	31%	N=56	21%	N=38	100%	N=180
Availability of affordable quality physical health care	25%	N=96	52%	N=194	19%	N=72	4%	N=15	100%	N=377
Availability of affordable quality mental health care	12%	N=25	48%	N=98	29%	N=58	11%	N=22	100%	N=202
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	33%	N=138	49%	N=208	18%	N=75	1%	N=2	100%	N=423
Recreational opportunities (including games, arts, library services, etc.)	33%	N=137	53%	N=222	13%	N=54	2%	N=8	100%	N=421
Fitness opportunities (including exercise classes and paths or trails, etc.)	37%	N=156	49%	N=207	12%	N=52	2%	N=10	100%	N=426
Opportunities to participate in community matters	17%	N=59	53%	N=184	22%	N=76	8%	N=26	100%	N=345
Opportunities to volunteer	20%	N=63	54%	N=169	23%	N=71	3%	N=9	100%	N=312
Opportunities to enroll in skill-building or personal enrichment classes	14%	N=41	54%	N=152	25%	N=72	7%	N=19	100%	N=283
Opportunities to attend in social events and activities	16%	N=61	54%	N=204	26%	N=101	4%	N=14	100%	N=380

Please rate each of the following characteristics as they relate to older adults in Orland Park	Excellent		Good		Fair		Poor		Total	
Opportunities to attend religious or spiritual activities	36%	N=145	55%	N=222	8%	N=34	1%	N=4	100%	N=404
Openness and acceptance of the community towards older residents of diverse backgrounds	21%	N=74	48%	N=169	21%	N=74	9%	N=33	100%	N=351
Making all residents feel welcome	22%	N=86	46%	N=177	25%	N=98	6%	N=24	100%	N=386
Valuing older residents in Orland Park	21%	N=79	46%	N=179	25%	N=98	8%	N=29	100%	N=385
Neighborliness of Orland Park	19%	N=83	48%	N=208	26%	N=113	7%	N=29	100%	N=433

Table 15: Question 9 - Including Don't Know Responses

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Don't know		Total	
Having enough money to meet daily expenses	68%	N=302	16%	N=69	10%	N=46	4%	N=17	2%	N=7	100%	N=442
Having enough money to pay your property taxes	66%	N=296	12%	N=52	11%	N=50	7%	N=33	4%	N=16	100%	N=446
Having housing to suit your needs	78%	N=347	12%	N=52	7%	N=30	2%	N=8	2%	N=8	100%	N=444
Doing heavy or intense housework	39%	N=172	30%	N=131	22%	N=98	8%	N=37	1%	N=6	100%	N=443
Maintaining your home	49%	N=217	29%	N=130	16%	N=73	4%	N=20	1%	N=6	100%	N=445
Maintaining your yard	53%	N=231	23%	N=101	12%	N=53	8%	N=34	5%	N=22	100%	N=440
Having safe and affordable transportation available	49%	N=213	12%	N=50	10%	N=42	5%	N=21	26%	N=112	100%	N=438
No longer being able to drive	68%	N=300	4%	N=17	2%	N=8	6%	N=26	20%	N=87	100%	N=439
Finding work in retirement	40%	N=172	4%	N=19	5%	N=21	2%	N=10	49%	N=210	100%	N=432
Building skills for paid or unpaid work	32%	N=139	6%	N=26	4%	N=19	2%	N=8	55%	N=238	100%	N=429
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	53%	N=232	21%	N=95	11%	N=49	4%	N=16	11%	N=50	100%	N=441
Not knowing what services are available to older adults in your community	43%	N=188	25%	N=108	17%	N=74	6%	N=26	9%	N=41	100%	N=437
Your physical health	49%	N=217	34%	N=150	13%	N=58	3%	N=14	0%	N=2	100%	N=441
Falling or injuring yourself in your home	71%	N=312	16%	N=71	7%	N=30	3%	N=11	4%	N=18	100%	N=441
Finding affordable health insurance	67%	N=297	18%	N=81	8%	N=34	4%	N=19	2%	N=10	100%	N=441

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Don't know		Total	
	%	N	%	N	%	N	%	N	%	N	%	N
Getting the health care you need	82%	N=360	12%	N=52	4%	N=18	1%	N=6	1%	N=4	100%	N=440
Getting the oral health care you need	82%	N=365	9%	N=39	5%	N=21	2%	N=11	2%	N=10	100%	N=446
Getting the vision care you need	85%	N=376	6%	N=29	5%	N=21	2%	N=7	2%	N=10	100%	N=442
Affording the medications you need	74%	N=330	13%	N=57	9%	N=41	3%	N=14	1%	N=4	100%	N=445
Staying physically fit	53%	N=229	31%	N=135	12%	N=54	3%	N=15	1%	N=2	100%	N=435
Maintaining a healthy diet	62%	N=275	30%	N=130	5%	N=22	2%	N=8	1%	N=5	100%	N=440
Having enough food to eat	93%	N=409	5%	N=21	2%	N=9	0%	N=1	0%	N=1	100%	N=441
Experiencing confusion or forgetfulness	78%	N=342	18%	N=77	2%	N=10	1%	N=3	2%	N=8	100%	N=440
Feeling depressed	73%	N=325	21%	N=92	4%	N=17	1%	N=4	1%	N=5	100%	N=444
Feeling bored	63%	N=279	26%	N=114	8%	N=37	2%	N=8	1%	N=2	100%	N=439
Having friends or family you can rely on	82%	N=367	11%	N=47	3%	N=14	3%	N=14	1%	N=3	100%	N=445
Feeling lonely or isolated	75%	N=332	17%	N=76	5%	N=22	3%	N=12	0%	N=0	100%	N=442
Dealing with the loss of a close family member or friend	60%	N=264	22%	N=97	9%	N=39	7%	N=31	2%	N=8	100%	N=439
Being a victim of crime	83%	N=362	5%	N=22	2%	N=10	2%	N=8	8%	N=35	100%	N=437
Being a victim of fraud or a scam	77%	N=336	10%	N=45	4%	N=19	2%	N=7	7%	N=31	100%	N=437
Being physically or emotionally abused	93%	N=412	1%	N=6	0%	N=1	1%	N=3	5%	N=21	100%	N=443
Being treated unfairly or discriminated against because of your age	84%	N=366	10%	N=42	3%	N=11	1%	N=2	4%	N=16	100%	N=437
Feeling like you don't fit in or belong	80%	N=349	13%	N=56	4%	N=16	1%	N=6	3%	N=12	100%	N=439
Feeling like your voice is heard in the community	50%	N=219	15%	N=64	7%	N=30	5%	N=23	23%	N=101	100%	N=437
Feeling physically burdened by providing care for another person	84%	N=366	6%	N=25	3%	N=15	2%	N=7	5%	N=23	100%	N=436
Feeling emotionally burdened by providing care for another person	79%	N=348	9%	N=41	4%	N=18	2%	N=7	6%	N=28	100%	N=441
Feeling financially burdened by providing care for another person	85%	N=373	5%	N=20	2%	N=7	2%	N=10	7%	N=31	100%	N=441

Table 16: Question 9 - Excluding Don't Know Responses

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Total	
	%	N	%	N	%	N	%	N	%	N
Having enough money to meet daily expenses	70%	N=302	16%	N=69	11%	N=46	4%	N=17	100%	N=435
Having enough money to pay your property taxes	69%	N=296	12%	N=52	12%	N=50	8%	N=33	100%	N=430
Having housing to suit your needs	80%	N=347	12%	N=52	7%	N=30	2%	N=8	100%	N=436
Doing heavy or intense housework	39%	N=172	30%	N=131	22%	N=98	8%	N=37	100%	N=438
Maintaining your home	49%	N=217	30%	N=130	17%	N=73	5%	N=20	100%	N=439
Maintaining your yard	55%	N=231	24%	N=101	13%	N=53	8%	N=34	100%	N=419
Having safe and affordable transportation available	65%	N=213	15%	N=50	13%	N=42	6%	N=21	100%	N=326
No longer being able to drive	85%	N=300	5%	N=17	2%	N=8	8%	N=26	100%	N=351
Finding work in retirement	77%	N=172	8%	N=19	10%	N=21	5%	N=10	100%	N=222
Building skills for paid or unpaid work	73%	N=139	13%	N=26	10%	N=19	4%	N=8	100%	N=191
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	59%	N=232	24%	N=95	13%	N=49	4%	N=16	100%	N=391
Not knowing what services are available to older adults in your community	48%	N=188	27%	N=108	19%	N=74	6%	N=26	100%	N=396
Your physical health	49%	N=217	34%	N=150	13%	N=58	3%	N=14	100%	N=439
Falling or injuring yourself in your home	74%	N=312	17%	N=71	7%	N=30	3%	N=11	100%	N=424
Finding affordable health insurance	69%	N=297	19%	N=81	8%	N=34	4%	N=19	100%	N=430
Getting the health care you need	83%	N=360	12%	N=52	4%	N=18	1%	N=6	100%	N=436
Getting the oral health care you need	84%	N=365	9%	N=39	5%	N=21	3%	N=11	100%	N=436
Getting the vision care you need	87%	N=376	7%	N=29	5%	N=21	2%	N=7	100%	N=432
Affording the medications you need	75%	N=330	13%	N=57	9%	N=41	3%	N=14	100%	N=442
Staying physically fit	53%	N=229	31%	N=135	12%	N=54	3%	N=15	100%	N=433
Maintaining a healthy diet	63%	N=275	30%	N=130	5%	N=22	2%	N=8	100%	N=435
Having enough food to eat	93%	N=409	5%	N=21	2%	N=9	0%	N=1	100%	N=440
Experiencing confusion or forgetfulness	79%	N=342	18%	N=77	2%	N=10	1%	N=3	100%	N=432
Feeling depressed	74%	N=325	21%	N=92	4%	N=17	1%	N=4	100%	N=439
Feeling bored	64%	N=279	26%	N=114	8%	N=37	2%	N=8	100%	N=437
Having friends or family you can rely on	83%	N=367	11%	N=47	3%	N=14	3%	N=14	100%	N=441
Feeling lonely or isolated	75%	N=332	17%	N=76	5%	N=22	3%	N=12	100%	N=442
Dealing with the loss of a close family member or friend	61%	N=264	22%	N=97	9%	N=39	7%	N=31	100%	N=431
Being a victim of crime	90%	N=362	5%	N=22	3%	N=10	2%	N=8	100%	N=402
Being a victim of fraud or a scam	83%	N=336	11%	N=45	5%	N=19	2%	N=7	100%	N=407

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?	Not a problem		Minor problem		Moderate problem		Major problem		Total	
Being physically or emotionally abused	98%	N=412	1%	N=6	0%	N=1	1%	N=3	100%	N=422
Being treated unfairly or discriminated against because of your age	87%	N=366	10%	N=42	3%	N=11	1%	N=2	100%	N=421
Feeling like you don't fit in or belong	82%	N=349	13%	N=56	4%	N=16	1%	N=6	100%	N=427
Feeling like your voice is heard in the community	65%	N=219	19%	N=64	9%	N=30	7%	N=23	100%	N=336
Feeling physically burdened by providing care for another person	89%	N=366	6%	N=25	4%	N=15	2%	N=7	100%	N=413
Feeling emotionally burdened by providing care for another person	84%	N=348	10%	N=41	4%	N=18	2%	N=7	100%	N=413
Feeling financially burdened by providing care for another person	91%	N=373	5%	N=20	2%	N=7	2%	N=10	100%	N=410

Table 17: Question 10

Thinking back over the past 12 months, how much time did you spend in each of the following?	0 days		1-2 days		3-5 days		6 or more days		Total	
As a patient in a hospital	75%	N=324	11%	N=49	7%	N=30	7%	N=30	100%	N=433
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	97%	N=425	0%	N=0	0%	N=0	3%	N=12	100%	N=437

Table 18: Question 11 - Including Don't Know Responses

Thinking back over the past 12 months, how many times have you fallen and injured yourself?	Never		1 to 2 times		3 to 5 times		More than 5 times		Don't know		Total	
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	72%	N=328	25%	N=111	2%	N=9	1%	N=4	0%	N=1	100%	N=453

Table 19: Question 11 - Excluding Don't Know Responses

Thinking back over the past 12 months, how many times have you fallen and injured yourself?	Never		1 to 2 times		3 to 5 times		More than 5 times		Total	
	Percentage	N	Percentage	N	Percentage	N	Percentage	N	Percentage	N
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	73%	N=328	25%	N=111	2%	N=9	1%	N=4	100%	N=452

Table 20: Question 12

Please indicate whether or not you have done each of the following in the last 12 months.	No		Yes		Total	
	Percentage	N	Percentage	N	Percentage	N
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	83%	N=373	17%	N=79	100%	N=451
Watched (online or on television) a local public meeting	75%	N=338	25%	N=113	100%	N=451
Voted in your most recent local election	9%	N=40	91%	N=410	100%	N=451
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	91%	N=406	9%	N=39	100%	N=446
Used a senior center in Orland Park	85%	N=381	15%	N=67	100%	N=447
Used a public library in Orland Park	38%	N=170	62%	N=279	100%	N=449
Used a recreation center in Orland Park	67%	N=305	33%	N=150	100%	N=455
Participated in a recreation program or group activity	72%	N=321	28%	N=122	100%	N=442
Participated in religious or spiritual activities with others	46%	N=205	54%	N=243	100%	N=448
Participated in a club (including book, dance, game, and other social)	74%	N=335	26%	N=116	100%	N=450

Table 21: Question 13 - Including Don't Know Responses

During a typical week, how many hours do you spend:	Never		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Don't know		Total	
	Percentage	N	Percentage	N	Percentage	N	Percentage	N	Percentage	N	Percentage	N	Percentage	N	Percentage	N
Assisting friends, relatives, or neighbors	20%	N=89	46%	N=203	12%	N=52	8%	N=34	4%	N=16	7%	N=31	5%	N=21	100%	N=447
Volunteering your time	57%	N=251	26%	N=113	7%	N=31	4%	N=17	1%	N=6	1%	N=5	4%	N=19	100%	N=441

During a typical week, how many hours do you spend:	Never		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Don't know		Total	
Talking or visiting with friends/family	2%	N=11	25%	N=111	31%	N=141	21%	N=93	8%	N=37	11%	N=50	1%	N=6	100%	N=450
Providing care to someone age 55+	67%	N=300	12%	N=55	5%	N=24	2%	N=8	4%	N=18	7%	N=32	2%	N=8	100%	N=445
Providing care to someone age 18 to 54	86%	N=380	6%	N=25	4%	N=18	2%	N=8	1%	N=3	1%	N=5	1%	N=6	100%	N=444
Providing care to someone under age 18	73%	N=328	10%	N=46	2%	N=11	5%	N=21	2%	N=7	7%	N=30	1%	N=5	100%	N=449

Table 22: Question 13 - Excluding Don't Know Responses

During a typical week, how many hours do you spend:	Never		1 to 3 hours		4 to 5 hours		6 to 10 hours		11 to 19 hours		20 or more hours		Total	
Assisting friends, relatives, or neighbors	21%	N=89	48%	N=203	12%	N=52	8%	N=34	4%	N=16	7%	N=31	100%	N=425
Volunteering your time	59%	N=251	27%	N=113	7%	N=31	4%	N=17	1%	N=6	1%	N=5	100%	N=423
Talking or visiting with friends/family	3%	N=11	25%	N=111	32%	N=141	21%	N=93	8%	N=37	11%	N=50	100%	N=444
Providing care to someone age 55+	69%	N=300	13%	N=55	6%	N=24	2%	N=8	4%	N=18	7%	N=32	100%	N=437
Providing care to someone age 18 to 54	87%	N=380	6%	N=25	4%	N=18	2%	N=8	1%	N=3	1%	N=5	100%	N=438
Providing care to someone under age 18	74%	N=328	10%	N=46	2%	N=11	5%	N=21	2%	N=7	7%	N=30	100%	N=444

Table 23: Question 14 - Including Don't Know Responses

In general, how many times do you:	Several times a day		Once a day		A few times a week		Every few weeks		Less often or never		Don't know		Total	
Access the internet from your home using a computer, laptop, or tablet computer	72%	N=324	10%	N=44	8%	N=36	2%	N=8	7%	N=31	1%	N=6	100%	N=449
Access the internet from your cell phone	61%	N=273	7%	N=31	10%	N=46	2%	N=8	18%	N=79	2%	N=11	100%	N=448
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	34%	N=152	20%	N=88	8%	N=35	4%	N=17	33%	N=149	1%	N=6	100%	N=447
Use or check email	69%	N=308	20%	N=88	5%	N=23	1%	N=5	5%	N=21	1%	N=4	100%	N=450
Share your opinions online	12%	N=52	2%	N=9	10%	N=45	7%	N=32	66%	N=296	3%	N=14	100%	N=448
Shop online	7%	N=30	3%	N=15	21%	N=92	41%	N=180	26%	N=114	1%	N=6	100%	N=438

Table 24: Question 14 - Excluding Don't Know Responses

In general, how many times do you:	Several times a day		Once a day		A few times a week		Every few weeks		Less often or never		Total	
Access the internet from your home using a computer, laptop, or tablet computer	73%	N=324	10%	N=44	8%	N=36	2%	N=8	7%	N=31	100%	N=443
Access the internet from your cell phone	62%	N=273	7%	N=31	11%	N=46	2%	N=8	18%	N=79	100%	N=438
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	35%	N=152	20%	N=88	8%	N=35	4%	N=17	34%	N=149	100%	N=440
Use or check email	69%	N=308	20%	N=88	5%	N=23	1%	N=5	5%	N=21	100%	N=446
Share your opinions online	12%	N=52	2%	N=9	10%	N=45	7%	N=32	68%	N=296	100%	N=434
Shop online	7%	N=30	3%	N=15	21%	N=92	42%	N=180	26%	N=114	100%	N=432

Table 25: Question D1

How many years have you lived in Orland Park?	Percent	Number
Less than 2 years	3%	N= 15
2-5 years	3%	N= 15
6-10 years	6%	N=29
11-20 years	14%	N=63
More than 20 years	73%	N= 335
Total	100%	N=457

Table 26: Question D2

Which best describes the building you live in?	Percent	Number
Single family home	77%	N= 354
Townhouse, condominium, duplex, or apartment	22%	N= 100
Mobile home	0%	N=0
Assisted living residence	0%	N=0
Nursing home	0%	N=0
Other	1%	N=3
Total	100%	N=457

Table 27: Question D3

Do you rent or own your home?	Percent	Number
Rent	7%	N= 30
Own (with a mortgage payment)	27%	N= 124
Own (free and clear; no mortgage)	66%	N=297
Total	100%	N=451

Table 28: Question D4

About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance and homeowners' association (HOA) fees)?	Percent	Number
Less than \$300 per month	3%	N=13
\$300 to \$599 per month	13%	N=55
\$600 to \$999 per month	29%	N=122
\$1,000 to \$1,499 per month	23%	N=96
\$1,500 to \$2,499 per month	21%	N=90
\$2,500 or more per month	10%	N=43
Total	100%	N=420

Table 29: Question D5

How many people, including yourself, live in your household?	Percent	Number
1 person (live alone)	31%	N=138
2 people	55%	N=250
3 people	9%	N=38
4 or more people	6%	N=26
Total	100%	N=452

Table 30: Question D6

How many of these people, including yourself, are 65 or older?	Percent	Number
1 person (live alone)	45%	N=201
2 people	52%	N=234
3 people	2%	N=10
4 or more people	0%	N=1
Total	100%	N=446

Table 31: Question D7

What is your employment status?	Percent	Number
Fully retired	81%	N=367
Working full time for pay	9%	N=39
Working part time for pay	10%	N=45
Unemployed, looking for paid work	1%	N=3
Total	100%	N=453

Table 32: Question D8

[If not yet fully retired] At what age do you expect to retire completely and not work for pay at all?	Percent	Number
60 to 64	7%	N=5
65 to 69	25%	N=18
70 to 74	36%	N=26
75 or older	32%	N=24
Total	100%	N=73

Table 33: Question D9

How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)	Percent	Number
Less than \$15,000	3%	N=13
\$15,000 to \$24,999	8%	N=31
\$25,000 to \$49,999	19%	N=73
\$50,000 to \$74,999	26%	N=101
\$75,000 to \$99,999	18%	N=69
\$100,000 or more	26%	N=99
Total	100%	N=385

Table 34: Question D10

Are you Spanish, Hispanic or Latino?	Percent	Number
No	98%	N=437
Yes	2%	N=9
Total	100%	N=446

Table 35: Question D11

What is your race? (Mark one or more races to indicate what race(s) you consider yourself to be.)	Percent	Number
American Indian or Alaskan Native	0%	N=2
Asian, Asian Indian, or Pacific Islander	3%	N=12
Black or African American	1%	N=5
White	95%	N=425
Other	1%	N=5
Total may exceed 100% as respondents could select more than one option.		

Table 36: Question D12

In which category is your age?	Percent	Number
65-69 years	30%	N=131
70-74 years	22%	N=96
75-79 years	28%	N=122
80-84 years	13%	N=56
85-89 years	5%	N=24
90-94 years	2%	N=11
95 years or older	1%	N=4
Total	100%	N=444

Table 37: Question D13

What is your sex?	Percent	Number
Female	59%	N=264
Male	41%	N=186
Identify in another way	0%	N=1
Total	100%	N=451

Table 38: Question D14

What is your sexual orientation?	Percent	Number
Heterosexual	97%	N=410
Lesbian	0%	N=1
Gay	0%	N=2
Bisexual	1%	N=4
Identify in another way	1%	N=6
Total	100%	N=422

Appendix B: Survey Methodology

Data Collection Methods Used in the CASOA

The Community Assessment Survey for Older Adults (CASOA)™, conducted by NRC, was developed to provide an accurate, affordable and easy way to assess and interpret the experience of older adults in the community. The CASOA™ survey instrument and its administration are standardized to assure high quality survey methods and comparable results across CASOA™ communities. The CASOA™ was customized for Orland Park to reflect the correct local age definition of older adults and so that the mailing materials used official Orland Park graphics, contact information and signatures. Orland Park sponsored and funded this research. Please contact Terica Ketchum at tketchum@orlandpark.org if you have any questions about the survey.

Survey Development

The CASOA questionnaire contains many questions related to the life of older residents in the community. The instrument includes questions related to overall quality of life, as well as aspects of quality of life in Orland Park. The questionnaire assessed the individual needs of older residents and involvement by respondents in the civic and economic life of Orland Park.

The questionnaire grew from a synthesis of a number of data collection processes including a national search of needs assessments conducted by communities across the United States, a review of the literature on aging and the conduct of numerous surveys and large scale needs assessments by NRC. A blue-ribbon panel of national experts contributed to the concept and content of CASOA™.

The items in the questionnaire were pilot tested on older adult residents using a “think-aloud” method in which older adults were asked to complete the survey and describe their thought processes related to specific questions and question sets. The results of the pilot test were used to alter the questionnaire for better understanding by older adult participants. The final questionnaire was tested in a set of diverse U.S. communities and modifications again were made as necessary. A copy of the survey materials can be found in *Appendix E: Survey Materials*.

Selecting Survey Recipients

One of the first steps taken to ensure survey results are representative of the target population is to use a source from which you select survey recipients that provides adequate to good “coverage” of the target population. The target population for this survey was residents in households age 65 years or older within the Orland Park boundaries. A list of households with a high likelihood of having a resident age 65 years or older within the boundaries of Orland Park was retrieved from Go-Dog Direct. This list does not provide complete coverage of all members of the target population, but does provide a fairly complete coverage. The list provided by Go Dog Direct cannot be mapped directly to political boundaries such as municipalities or counties, but to United States Postal Service (USPS) boundaries such as zip codes or carrier routes. A process referred to as “geocoding” was used to eliminate addresses from the list that were outside the study boundaries. Geocoding is a computerized process in which addresses are compared to electronically mapped boundaries and coded as inside or outside desired boundaries. All addresses determined to be outside the study boundaries were eliminated from the list. A total of 2,500 addresses remained in the list and all of these addresses were mailed a survey invitation.

Although the purchased list of known older adult households contained names of the residents 65 years and older, no name was printed on the survey envelope; instead, the survey was addressed to “Resident.”

In order to select a random individual 65 years of age and older within the household, the cover letter requested that the questionnaire be given to the person 65 years of age and older who most recently celebrated their birthday (regardless of year of birth) to complete. The underlying assumption in this method is that day of birth has no relationship to the way people respond to surveys. This instruction was contained in the cover letter accompanying the questionnaire.

In addition to the main survey effort, a link to an online open participation survey was publicized through various channels by Orland Park. The open participation survey was identical to the main survey and open to all Orland Park residents who were age 65 or older. Fourteen of these surveys were completed.

Survey Administration and Response

Each of the 2,500 households received three mailings, about one week apart, beginning September 20, 2021. The first mailing was a prenotification postcard announcing the upcoming survey. The next mailing contained a letter inviting the household to participate, a questionnaire and a postage-paid return envelope. The final mailing contained a reminder letter, another survey and a postage-paid return envelope. The second cover letter asked those who had not completed the survey to do so and those who had already done so to refrain from turning in another survey. The cover letter included URL, which allowed respondents to complete the survey online if they preferred. The survey was available in English. Completed surveys were collected over the following seven weeks. The online open participation survey became available to residents on October 25, 2021 and remained open for three weeks.

Only 20 postcards were returned because the housing unit was vacant or the postal service was unable to deliver as addressed. A total of 449 residents completed the survey, providing an overall response rate of 18%. The response rate was calculated using AAPOR's response rate #2² for mailed surveys of unnamed persons. Additionally, 13 residents completed the online open participation survey, bringing the total number of completed surveys to 462.

Confidence Intervals

It is customary to describe the precision of estimates made from surveys by a “level of confidence” and accompanying “confidence interval” (or margin of error). A traditional level of confidence, and the one used here, is 95%. The 95% confidence interval can be any size and quantifies the sampling error or imprecision of the survey results because some residents' opinions are relied on to estimate all residents' opinions.³

The margin of error for the Orland Park survey is no greater than plus or minus five percentage points around any given percent reported for all respondents (449 completed surveys).

² See AAPOR's Standard Definitions here: [http://www.aapor.org/Standards-Ethics/Standard-Definitions-\(1\).aspx](http://www.aapor.org/Standards-Ethics/Standard-Definitions-(1).aspx) for more information

³ A 95% confidence interval indicates that for every 100 random samples of this many residents, 95 of the confidence intervals created will include the “true” population response. This theory is applied in practice to mean that the “true” perspective of the target population lies within the confidence interval created for a single survey. For example, if 75% of residents rate a service as “excellent” or “good,” then the 4% margin of error (for the 95% confidence interval) indicates that the range of likely responses for the entire community is between 71% and 79%. This source of uncertainty is called sampling error. In addition to sampling error, other sources of error may affect any survey, including the non-response of residents with opinions different from survey responders. Though standardized on CASOA, on other surveys, differences in question wording, order, translation and data entry, as examples, can lead to somewhat varying results.

Survey Processing (Data Entry)

Upon receipt, completed surveys were assigned a unique identification number. Additionally, each survey was reviewed and “cleaned” as necessary. All surveys then were entered twice into an electronic dataset; any discrepancies were resolved in comparison to the original survey form. Range checks as well as other forms of quality control were also performed.

NRC used Polco, an online public engagement tool designed primarily for local governments, to collect online survey data. Use of an online system means all collected data are entered into the dataset when the respondents submit the surveys. Skip patterns are programmed into system so respondents are automatically “skipped” to the appropriate question based on the individual responses being given. Online programming also allows for more rigid control of the data format, making extensive data cleaning unnecessary.

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include and not be limited to reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Survey Data Weighting

The primary objective of weighting survey data is to make the survey sample reflective of the larger population of Orland Park. This is done by: 1) reviewing the sample demographics and comparing them to the population norms from the most recent Census or other sources and 2) comparing the responses to different questions for demographic subgroups. The demographic characteristics that are least similar to the Census and yield the most different results are the best candidates for data weighting. Several different weighting “schemes” are tested to ensure the best fit for the data. The characteristics used for weighting were housing tenure (rent or own), housing unit type (attached or detached), sex, age, and area. No adjustments were made for design effects. The results of the weighting scheme are presented in the table below.

Table 49: Weighting Scheme for the 2021 Orland Park CASOA

	Population Norm	Unweighted	Weighted
Rent	7%	3%	6%
Own	93%	97%	94%
Detached ²	79%	57%	77%
Attached ²	21%	43%	23%
White	95%	94%	95%
Not white	5%	6%	5%
Hispanic	2%	2%	2%
Not Hispanic	98%	98%	98%
Female	58%	60%	59%
Male	42%	40%	41%
Age 65 to 74	50%	64%	51%
Age 75 and over	50%	36%	49%
Female 65 to 74	28%	37%	30%
Female 75 and over	30%	23%	29%
Male 65 to 74	22%	27%	21%
Male 75 and over	20%	13%	19%

¹Source: U.S. Census Bureau - Census 2010

²Source: U.S. Census Bureau - Census 2010, householder aged 65 and over

Survey Data Analysis and Reporting

The survey dataset was analyzed using the Statistical Package for the Social Sciences (SPSS). For the most part, the percentages presented in the reports represent the “percent positive.” The percent positive is the combination of the top two most positive response options (i.e., “excellent” and “good,” “very safe” and “somewhat safe,” “essential” and “very important,” etc.), or, in the case of resident behaviors/participation, the percent positive represents the proportion of respondents indicating “yes” or participating in an activity at least once a month.

On many of the questions in the survey respondents may answer “don’t know.” The proportion of respondents giving this reply is shown in the full set of responses included in *Appendix B: Complete Set of Survey Frequencies*. However, these responses have been removed from the analyses presented in the reports. In other words, the tables and graphs display the responses from respondents who had an opinion about a specific item.

A variety of analyses were presented in the body of the report. The following sections summarize how these analyses were conducted or scores calculated.

Estimates of the Contribution of Older Adults to the Economy

The calculations of the economic contributions of older adults in Orland Park were rough estimates using data from the U.S. Department of Labor Bureau of Labor Statistics (Metropolitan and Nonmetropolitan Area Occupational Employment and Wage Estimates).

Table 50: Contribution of Older Adults to the Economy

	Percent of older adults	Number of older adults ¹	Average number of hours*	Average hourly rate**	Annual total
Providing care to older adult(s)	31%	3,273	11.1	\$13.73	\$24,566,319
Providing care to adult(s)	13%	1,377	6.6	\$13.73	\$6,177,888
Providing care to child(ren)	26%	2,724	11.5	\$13.37	\$20,967,006
Providing help to family and friends	79%	8,236	5.7	\$15.80	\$35,799,277
Volunteering	41%	4,232	4.2	\$19.15	\$16,217,874
Subtotal unpaid					\$103,728,364
Working part time	10%	1,027	15.0	\$21.84	\$17,188,872
Working full time	9%	886	32.0	\$21.84	\$31,613,635
Subtotal paid					\$48,802,507
Total contribution					\$152,530,871

¹Based on U.S. Census Bureau - 2010 Census; about adults age 55 and over in Orland Park

** Respondents were asked to select a range of hours. The average number of hours was calculated from the mid-point of the response scale. For example, a response of “1 to 3 hours” equated to 2 hours and a response of “never” was assumed to be zero hours. In cases where the respondent chose a response that indicated “20 or more hours”, the number of hours was calculated as 125% of 20 (i.e., 25). Working full time was assumed to be 32 hours per week and working part time was assumed to be 15 hours per week.

**The economic value of an hour worked was assumed to be the same as the average hourly wage as calculated by the Bureau of Labor statistics for similar types of work in the Chicago-Naperville-Elgin, IL-IN-WI MSA. Providing care for older adults and adults was assumed to be the equivalent of “Home Health and Personal Care Aides.” Providing care for children was assumed to be the equivalent of “Child Care Workers.” Providing help to family and friends was assumed to be the equivalent of “Personal Care and Service Workers, All Other.” Volunteering was assumed to be the equivalent of “Office Clerks, General.” Working full time and part time was assumed to be the equivalent of “All Occupations.”

The proportion of older adults who work was estimated by examining the responses to question D7 from the survey (“What is your employment status?”). Those working full-time were assumed to work 32 hours per week and those working part-time were assumed to work 15 hours per week. The proportion of survey respondents was multiplied by the number of adults 60 and over in the community to ascertain the number of employed older adults. To determine the average paid wage, information from the Bureau of Labor Statistics for the Chicago-Naperville-Elgin, IL-IN-WI MSA was examined. Working full-time and part-time was assumed to be the equivalent of “All Occupations” (occupation code 00-0000).

The proportion of older adults doing volunteer work and providing help to friends and neighbors was determined by looking at the responses to question 13 (“During a typical week, how many hours do you spend:”), items a (“assisting friends, relatives, or neighbors”) and b (“volunteering your time”). Those responding “1 to 3 hours” were assumed to spend two hours, “4 to 5 hours” were assumed to spend 4.5 hours, those responding “6 to 10 hours” were assumed to spend eight hours, those responding “11 to 19 hours” were assumed to spend 15 hours, and those responding “20 or more hours” were assumed to spend 25 hours (125% of 20). To determine the average hourly wage, “assisting friends, relatives, or neighbors” was assumed to be the equivalent of “Personal Care and Service Workers, All Other” (occupation code 39-9000) and volunteering was assumed to be the equivalent of “Office Clerks, General” (occupation code 43-9061).

The proportion of older adults providing care to family and friends was determined by examining the responses to question 13. Those responding “1 to 3 hours” were assumed to spend two hours, “4 to 5 hours” were assumed to spend 4.5 hours, those responding “6 to 10 hours” were assumed to spend eight hours, and those responding “11 to 19 hours” were assumed to spend 15 hours and those responding “20 or more hours” were assumed to spend 25 hours (125% of 20). To determine the average hourly wage, “providing care to someone age 55+” and “providing care to someone age 18 to 54” (items d and e) were assumed to be the equivalent of “Home Health and Personal Care Aides” (occupation code 31-1120) and “providing care to someone under age 18” (item f) was assumed to be the equivalent of “Child Care Workers” (occupation code 39-9011).

Community Summary Scores

The community score presented in the body of the report represents the average of the questions included in the index. Although the evaluative or frequency questions were made on 4- or 5- point scales with 1 representing the best rating, the scales had different labels (e.g., “excellent,” “not a problem,” “very likely”). To calculate these average scores, the questions used in the index were converted to a common scale where 0 is the worst possible rating and 100 is the best possible rating. If everyone reported “excellent,” then the result would be 100 on the 0-100 scale. If the average rating for quality of life was right in the middle of the scale (half way between “good” and “fair”), then the result would be 50. The new scale can be thought of like the thermometer used to represent total giving to United Way. The higher the thermometer reading, the closer to the goal of 100 – in this case, the most positive response possible. The table below shows the individual questions comprising each summary score.

Index	Individual Variables Used in Index
Quality of Community	Orland Park as a place to live
	Your neighborhood as a place to live
	Orland Park as a place to retire
	How would you rate the overall services provided to older adults in Orland Park?
	Recommend living in Orland Park to older adults
	Remain in Orland Park throughout your retirement
Community and Belonging	Sense of community
	Openness and acceptance of the community towards older residents of diverse backgrounds
	Overall feeling of safety
	Valuing older residents
	Neighborhoodness
	Residents' connection and engagement with their community
Community Information	Availability of information about resources for older adults
	Availability of financial or legal planning services
	In general, how informed or uninformed do you feel about services and activities available to older adults in Orland Park?
	Opportunities to volunteer
Productive Activities	Quality of employment opportunities for older adults
	Variety of employment opportunities for older adults
	Opportunities to enroll in skill-building or personal enrichment classes
	Recreational opportunities (including games, arts, library services, etc.)
	What impact, if any, do you think the economy will have on your family income in the next 6 months?
	Opportunities to build work skills
	Opportunities to attend social events or activities
	Opportunities to attend religious or spiritual activities
	Opportunities to attend or participate in community matters
	Overall quality of parks and recreation opportunities
	Overall opportunities for education, culture, and the arts
Health and Wellness	Fitness opportunities (including exercise classes and paths or trails, etc.)
	Availability of long-term care options
	Availability of daytime care options for older adults
	Availability of affordable quality physical health care
	Availability of affordable quality mental health care
	Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)
	Overall health and wellness opportunities
Community Design and Land Use	Availability of affordable quality housing
	Variety of housing options
	Availability of affordable quality food
	Ease of travel by public transportation
	Ease of car travel
	Ease of walking
	Ease of getting to the places you usually have to visit
	Cost of living

Index	Individual Variables Used in Index
	Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)
	Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services
	Public places where people want to spend time
	Overall economic health of Orland Park
	Overall quality of the transportation system
	Overall design or layout of Orland Park's residential and commercial areas
	Overall quality of the utility infrastructure
	Overall quality of the natural environment

Needs Summary Scores

The needs summary scores (indices) are based on the response patterns of older adults in the community. The table below contains each question included in the index and the required response to that question. So, for example, if a respondent indicated that her overall physical health was “fair,” she would be counted as having a physical health issue along with other respondents who may have noted that they had a moderate or major problem with falling or maintaining a healthy diet, etc. Respondents with many physical health problems are counted only once in this category so that the total percent shown in the report graph represents the percent of older adults with at least one physical problem.

Index	Individual Variables Used in Index	Required Rating
Safety	Must have at least one of the following:	
	Being a victim of crime	Moderate or major problem
	Being a victim of fraud or a scam	Moderate or major problem
	Being physically or emotionally abused	Moderate or major problem
	Being treated unfairly or discriminated against because of your age	Moderate or major problem
Civic engagement	Must have:	
	Vote in recent local elections	No
	Or all of the following:	
	Assisting friends, relatives, or neighbors	Never (no hours)
	Volunteering your time	Never (no hours)
	Or all of the following:	
	Attended local public meeting	No
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	No	
Watched (online or on television) a local public meeting	No	
Social engagement	Must have at least one of the following:	
	Feeling like you don't fit in or belong	Moderate or major problem
	Talking or visiting with friends/family	Never (no hours)
	Or all of the following:	
	Participated in religious or spiritual activities with others	No
	Used a senior center in Orland Park	No
Participated in a club (including book, dance, game and other social)	No	
Recreation	Must have all of the following:	

Index	Individual Variables Used in Index	Required Rating	
	Used a recreation center in Orland Park	No	
	Used a public library in Orland Park	No	
	Participating in a recreation program or group activity	No	
Caregiver burden	Must have at least one of the following:		
	Feeling physically burdened by providing care for another person	Moderate or major problem	
	Feeling emotionally burdened by providing care for another person	Moderate or major problem	
	Feeling financially burdened by providing care for another person	Moderate or major problem	
Financial and legal	Must have at least one of the following:		
	[Ratio] How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)/ How many people, including yourself, live in your household?	Income was at or below the income limits set by HUD for Section 8 programs	
	Having enough money to meet daily expenses	Moderate or major problem	
	Having enough money to pay your property taxes	Moderate or major problem	
	Finding work in retirement	Moderate or major problem	
	Building skills for paid or unpaid work	Moderate or major problem	
	Information	Must have at least one of the following:	
		Feeling like your voice is heard in the community	Moderate or major problem
Not knowing what services are available to older adults in your community		Moderate or major problem	
Physical health	Must have at least one of the following:		
	Your overall physical health	Fair or poor	
	Your physical health	Moderate or major problem	
	Doing heavy or intense housework	Moderate or major problem	
	Maintaining your home	Moderate or major problem	
	Maintaining your yard	Moderate or major problem	
	Staying physically fit	Moderate or major problem	
	Maintaining a healthy diet	Moderate or major problem	
Mental health	Must have at least one of the following:		
	Your overall mental health/emotional wellbeing	Fair or poor	
	Feeling depressed	Moderate or major problem	
	Experiencing confusion or forgetfulness	Moderate or major problem	
	Having friends or family you can rely on	Moderate or major problem	
	Feeling bored	Moderate or major problem	
	Feeling lonely or isolated	Moderate or major problem	
	Dealing with the loss of a close family member or friend	Moderate or major problem	
Health care	Must have at least one of the following:		
	Finding affordable health insurance	Moderate or major problem	
	Getting the health care you need	Moderate or major problem	
	Affording the medications you need	Moderate or major problem	
	Getting the oral health care you need	Moderate or major problem	
	Getting the vision care you need	Moderate or major problem	
	Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	Moderate or major problem	

Index	Individual Variables Used in Index	Required Rating
Institutional-ization risk	Must have at least one of the following:	
	No longer being able to drive	Moderate or major problem
	Falling or injuring yourself in your home	Moderate or major problem
	As a patient in a hospital	Spent 3 or more days in past 12 months
	In a long-term care facility (including nursing home or in-patient rehabilitation)	Spent 3 or more days in past 12 months
	Thinking back over the past 12 months, how many times have you fallen and injured yourself?	Fell 3 or more times in past 12 months
Basic necessities	Must have at least one of the following:	
	Your overall quality of life	Fair or poor
	Having housing to suit your needs	Moderate or major problem
	Having enough food to eat	Moderate or major problem
	Having safe and affordable transportation available	Moderate or major problem

Appendix C: Benchmark Comparisons

NRC has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from Orland Park to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in 175+ communities across the nation. The demographics of NRC’s database match the demographics in the nation, based on the U.S. Census 2010 estimates.

Interpreting the Results

Ratings are compared when similar questions are included in NRC’s database and there are at least five communities in which the question was asked. Where comparisons are available, three numbers are provided in the table. The first column is Orland Park’s proportion of the population responding in a particular way (e.g., percent very/somewhat likely, excellent/good, major/moderate/minor problem). The second column is the rank assigned to this rating among communities where a similar question was asked. The third column is the number of communities that asked a similar question. The fourth column shows the comparison of Orland Park’s rating (column one) to the benchmark.

Where comparisons for ratings were available, Orland Park’s results were generally noted as being “higher” than the benchmark, “lower” than the benchmark or “similar” to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of “much,” (for example, “much higher” or “much lower”). These labels come from a statistical comparison of Orland Park’s rating to the benchmark where a rating is considered “similar” if it is within than the margin of error; “higher” or “lower” if the difference between your community’s rating and the benchmark is greater the margin of error; and “much higher” or “much lower” if the difference between your community’s rating and the benchmark is more than twice the margin of error.

Table 539: Orland Park as a Place for Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
The overall quality of life in Orland Park	93%	Not available	Not available	Not available
Orland Park as a place to live	95%	161	952	Higher
Your neighborhood as a place to live	95%	Not available	Not available	Not available
Orland Park as a place to retire	72%	474	947	Similar
How would you rate the overall services provided to older adults in Orland Park?	84%	3	169	Much higher

Table 540: Recommendation of Orland Park to Others Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Recommend living in Orland Park to older adults	85%	463	795	Similar

Table 541: Remaining in Orland Park throughout Retirement Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Remain in Orland Park throughout your retirement	78%	129	169	Lower

Table 542: Older Adult Community and Belonging Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Sense of community	75%	195	950	Much higher
Overall feeling of safety in Orland Park	84%	256	552	Similar
Residents' connection and engagement with their community	66%	Not available	Not available	Not available
Openness and acceptance of the community towards older residents of diverse backgrounds	70%	253	911	Higher
Making all residents feel welcome	68%	Not available	Not available	Not available
Valuing older residents in Orland Park	67%	29	163	Higher
Neighborliness of Orland Park	67%	150	544	Higher

Table 543: Safety Problems Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Being a victim of crime	10%	106	169	Similar
Being a victim of fraud or a scam	17%	68	168	Similar
Being physically or emotionally abused	2%	161	168	Similar
Being treated unfairly or discriminated against because of your age	13%	Not available	Not available	Not available

Table 544: Awareness of Older Adult Services and Activities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
In general, how informed or uninformed do you feel about services and activities available to older adults in Orland Park	84%	4	169	Much higher

Table 545: Availability of Information About Older Adult Resource Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Availability of information about resources for older adults	68%	12	169	Much higher
Availability of financial or legal planning services	66%	2	163	Much higher

Table 546: Information Needs Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Not knowing what services are available to older adults in your community	52%	135	169	Lower
Feeling like your voice is heard in the community	35%	166	169	Much lower

Table 59: Civic Engagement Opportunities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Opportunities to volunteer	74%	479	779	Similar
Opportunities to participate in community matters	71%	51	169	Higher

Table 60: Participation in Civic Activities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards,	17%	860	948	Much lower
Watched (online or on television) a local public meeting	25%	Not available	Not available	Not available
Voted in your most recent local election	91%	Not available	Not available	Not available
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	9%	135	169	Similar

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Assisting friends, relatives, or neighbors	79%	397	535	Similar
Volunteering your time	41%	59	168	Similar

Table 61: Social Engagement Opportunities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Opportunities to attend in social events and activities	70%	265	768	Higher
Opportunities to attend religious or spiritual activities	91%	86	669	Higher

Table 62: Participation in Social Activities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a senior center in Orland Park	15%	127	169	Much lower
Participated in a club (including book, dance, game, and other social)	26%	143	168	Lower
Participated in religious or spiritual activities with others	54%	473	665	Lower
Talking or visiting with friends/family	97%	39	546	Much higher

Table 63: Social Activities Problems Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Feeling like you don't fit in or belong	18%	Not available	Not available	Not available

Table 64: Recreational and Personal Enrichment Opportunities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Opportunities to enroll in skill-building or personal enrichment classes	68%	44	169	Much higher
Recreational opportunities (including games, arts, library services, etc.)	85%	106	942	Much higher
Overall quality of parks and recreation opportunities	94%	Not available	Not available	Not available
Overall opportunities for education, culture, and the arts	81%	Not available	Not available	Not available

Table 65: Participation in Recreational and Personal Enrichment Activities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a recreation center in Orland Park	33%	741	829	Much lower
Used a public library in Orland Park	62%	506	851	Similar
Participated in a recreation program or group activity	28%	161	169	Much lower

Table 66: Participation in Caregiving Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Providing care to someone age 55+	31%	145	168	Lower
Providing care to someone age 18 to 54	13%	149	168	Lower
Providing care to someone under age 18	26%	82	168	Similar

Table 67: Caregiver Burden in Orland Park Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Feeling physically burdened by providing care for another person	11%	102	102	Much lower
Feeling emotionally burdened by providing care for another person	16%	101	102	Much lower
Feeling financially burdened by providing care for another person	9%	100	102	Much lower

Table 68: Employment Opportunities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Opportunities to build work skills	62%	Not available	Not available	Not available
Quality of employment opportunities for older adults	52%	137	919	Much higher
Variety of employment opportunities for older adults	48%	Not available	Not available	Not available

Table 69: Impact of Economy on Household Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the imp	25%	Not available	Not available	Not available

Table 70: Financial and Legal Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Having enough money to meet daily expenses	30%	134	169	Similar
Having enough money to pay your property taxes	31%	39	169	Higher
Finding work in retirement	23%	155	169	Much lower
Building skills for paid or unpaid work	27%	107	169	Similar

Table 71: Personal Physical and Mental Health Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Your overall physical health	84%	24	554	Much higher
Your overall mental health/emotional wellbeing	94%	15	169	Higher

Table 72: Physical Health Opportunities Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Overall health and wellness opportunities in Orland Park	91%	Not available	Not available	Not available
Availability of affordable quality physical health care	77%	120	852	Much higher
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	82%	59	721	Much higher
Fitness opportunities (including exercise classes and paths or trails, etc.)	85%	101	549	Much higher

Table 73: Physical Health Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Your physical health	51%	144	169	Lower
Doing heavy or intense housework	61%	46	168	Higher
Maintaining your home	51%	8	169	Much higher
Maintaining your yard	45%	74	169	Similar
Staying physically fit	47%	147	169	Lower
Maintaining a healthy diet	37%	122	169	Similar

Table 74: Availability of Mental Healthcare Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Availability of affordable quality mental health care	61%	67	509	Much higher

Table 75: Mental Health Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Experiencing confusion or forgetfulness	21%	161	168	Much lower
Feeling depressed	26%	162	168	Much lower
Feeling bored	36%	117	168	Similar
Having friends or family you can rely on	17%	164	169	Much lower
Feeling lonely or isolated	25%	148	168	Lower
Dealing with the loss of a close family member or friend	39%	53	169	Similar

Table 76: Availability of Preventative Health Care Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	82%	59	721	Much higher

Table 77: Health Care Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Finding affordable health insurance	31%	141	169	Lower
Getting the health care you need	17%	165	169	Much lower

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Affording the medications you need	25%	138	168	Lower
Getting the oral health care you need	16%	154	162	Much lower
Getting the vision care you need	13%	100	103	Much lower
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	41%	97	169	Similar

Table 78: Care Options for Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Availability of long-term care options	64%	2	104	Much higher
Availability of daytime care options for older adults	48%	7	103	Much higher

Table 79: Falls, Hospitalizations and Institutionalizations of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
As a patient in a hospital	25%	39	167	Similar
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	3%	93	167	Similar
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	27%	134	167	Similar

Table 80: Independent Living Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
No longer being able to drive	15%	74	169	Similar
Falling or injuring yourself in your home	26%	62	168	Similar
Doing heavy or intense housework	61%	Not available	Not available	Not available
Maintaining your home	51%	Not available	Not available	Not available
Maintaining your yard	45%	Not available	Not available	Not available

Table 81: Aspects of Community Design and Land Use Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Overall economic health of Orland Park	87%	Not available	Not available	Not available
Overall quality of the transportation system (auto, bicycle, foot, bus) in Orland Park	70%	Not available	Not available	Not available
Overall design or layout of Orland Park's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	82%	Not available	Not available	Not available
Overall quality of the utility infrastructure in Orland Park (water, sewer, storm water, electric, gas)	89%	Not available	Not available	Not available
Overall quality of natural environment in Orland Park	90%	Not available	Not available	Not available
Ease of travel by public transportation in Orland Park	42%	212	456	Similar
Ease of travel by car in Orland Park	87%	32	919	Much higher
Ease of walking in Orland Park	75%	260	915	Much higher
Ease of getting to the places you usually have to visit	88%	52	552	Much higher
Cost of living in Orland Park	43%	217	463	Similar
Availability of affordable quality food	82%	82	772	Much higher
Availability of affordable quality housing	59%	137	931	Much higher
Variety of housing options	73%	85	778	Much higher
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	49%	Not available	Not available	Not available
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive se	56%	Not available	Not available	Not available
Public places where people want to spend time	67%	Not available	Not available	Not available

Table 82: Basic Needs Problems of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Having housing to suit your needs	20%	47	168	Similar
Having enough food to eat	7%	127	168	Similar
Having safe and affordable transportation available	35%	8	169	Higher

Table 83: Overall Quality of Life of Older Residents Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Your overall quality of life	92%	16	169	Higher

Table 84: Use of Technology Benchmarks

	Orland Park percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Access the internet from your home using a computer, laptop, or tablet computer	91%	Not available	Not available	Not available
Access the internet from your cell phone	80%	Not available	Not available	Not available
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	62%	Not available	Not available	Not available
Use or check email	94%	Not available	Not available	Not available
Share your opinions online	24%	Not available	Not available	Not available
Shop online	32%	Not available	Not available	Not available

Appendix D: References

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Appendix E: Survey Materials

Dear Orland Park Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in the 2021 Orland Park Community Assessment Survey for Older Adults. You can go online and complete the **confidential survey** at:

<https://polco.us/xxplaceholder>

Please do not share your survey link. This survey is for randomly selected households only. The Village will conduct a separate survey that is open to all residents just a few weeks from now. You can also wait a few days for the survey to arrive in the mail.

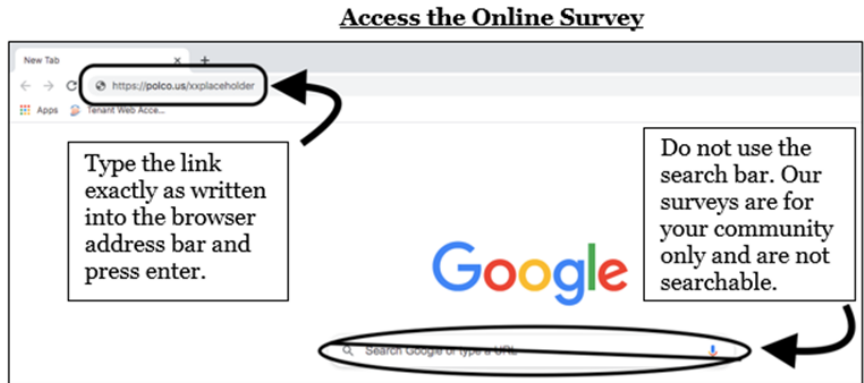
If you have any questions about the survey, please call 708-403-6155.

Thank you for helping create a better community!

Sincerely,



George Koczvara
Village Manager



Dear Orland Park Resident,

It won't take much of your time to make a big difference!

Your household has been randomly selected to participate in the 2021 Orland Park Community Assessment Survey for Older Adults. You can go online and complete the **confidential survey** at:

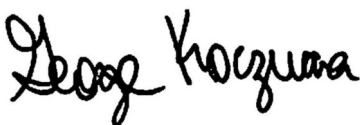
<https://polco.us/xxplaceholder>

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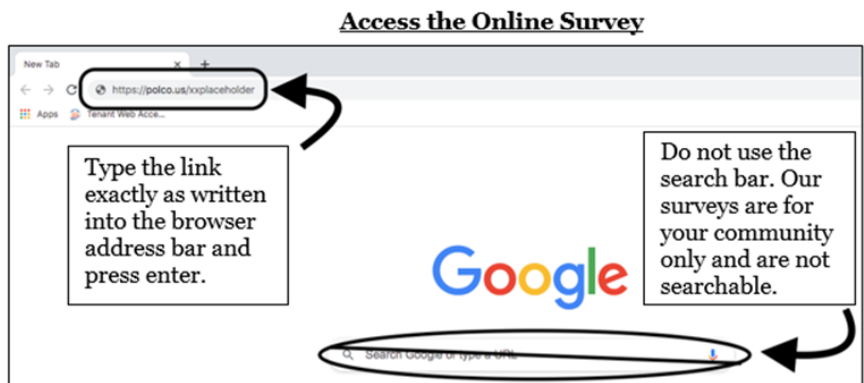
If you have any questions about the survey, please call 708-403-6155.

Thank you for helping create a better community!

Sincerely,



George Koczvara
Village Manager





**ORLAND
PARK**

Village Manager's Office
Village of Orland Park
14700 Ravinia Avenue
Orland Park, IL 60462

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Village Manager's Office
Village of Orland Park
14700 Ravinia Avenue
Orland Park, IL 60462

September 2021

Dear Village of Orland Park Resident:

Please help us shape the future of Orland Park! You have been selected at random to participate in the 2021 Orland Park Community Assessment Survey for Older Adults. **If you've already completed the survey online, thank you. Please do not respond twice.**

Please take a few minutes to fill out the enclosed survey. Your participation in this survey is very important—especially since your household is one of only a small number being surveyed. Your feedback will help the Village better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are confidential and no identifying information will be shared.**
- In order to hear from a diverse group of older residents, the adult 65 years or older in your household who most recently had a birthday should complete this survey.
- **You may return the survey by mail in the enclosed postage-paid envelope, or you can complete the survey online at:**

<https://polco.us/xxplaceholder>

Please do not share your survey link. This survey is for randomly selected households only. The Village will conduct a separate survey that is open to all residents just a few weeks from now.

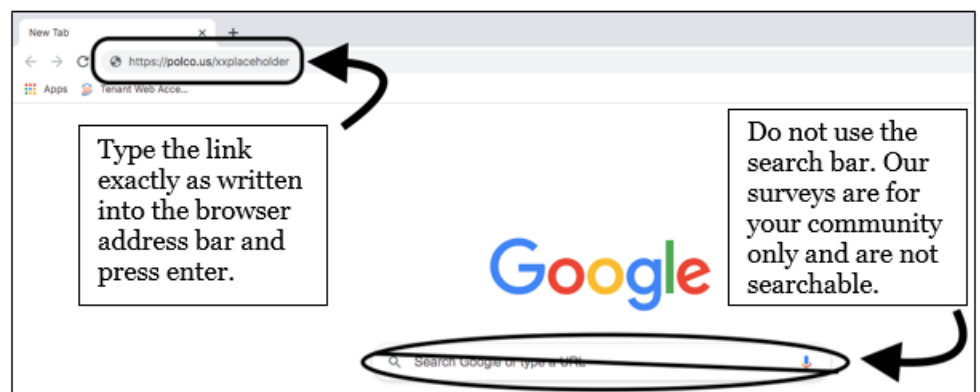
If you have any questions about the survey, please call 708-403-6155.

Thank you for your time and participation!

Sincerely,

George Koczvara
Village Manager

Access the Online Survey





Village Manager's Office
Village of Orland Park
14700 Ravinia Avenue
Orland Park, IL 60462

October 2021

Dear Village of Orland Park Resident:

Here's another chance if you haven't already responded to the 2021 Orland Park Community Assessment Survey for Older Adults! **If you completed it and sent it back, we thank you for your time and ask you to recycle this survey. Please do not respond twice.**

Please help us shape the future of Orland Park! You have been selected at random to participate in the 2021 Orland Park Community Assessment Survey for Older Adults.

Please take a few minutes to fill out the enclosed survey. Your participation in this survey is very important—especially since your household is one of only a small number being surveyed. Your feedback will help the Village better understand and plan for the needs of older adults in our community.

A few things to remember:

- **Your responses are confidential and no identifying information will be shared.**
- In order to hear from a diverse group of older residents, the adult 65 years or older in your household who most recently had a birthday should complete this survey.
- **You may return the survey by mail in the enclosed postage-paid envelope, or you can complete the survey online at:**

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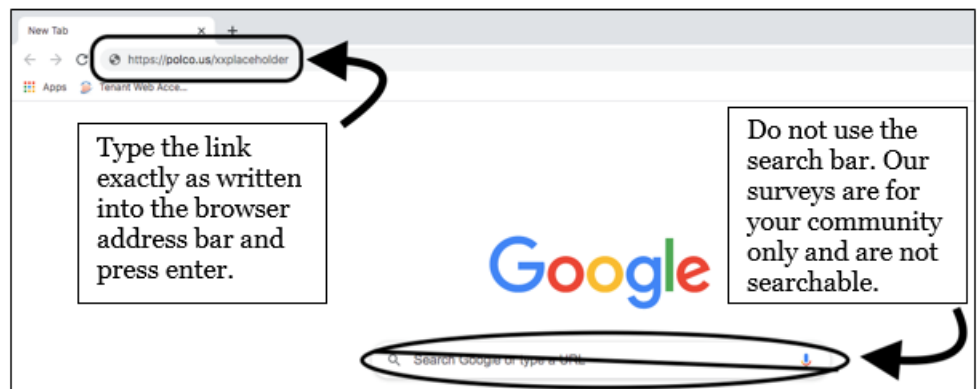
If you have any questions about the survey, please call 708-403-6155.

Thank you for your time and participation!

Sincerely,

George Koczvara
Village Manager

Access the Online Survey



Orland Park 2021 Community Assessment Survey for Older Adults

Please complete this survey if you are the adult (age 65 or older) in the household who most recently had a birthday (the year of birth does not matter). Your responses are confidential and no identifying information will be shared.

1. Please rate each of the following aspects of quality of life in Orland Park.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Orland Park as a place to live	1	2	3	4	5
Your neighborhood as a place to live	1	2	3	4	5
Orland Park as a place to retire	1	2	3	4	5
Sense of community in Orland Park	1	2	3	4	5
The overall quality of life in Orland Park.....	1	2	3	4	5

2. Please rate each of the following characteristics as they relate to Orland Park as a whole.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Overall economic health of Orland Park.....	1	2	3	4	5
Overall quality of the transportation system (auto, bicycle, foot, bus) in Orland Park.....	1	2	3	4	5
Overall design or layout of Orland Park's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	1	2	3	4	5
Overall quality of the utility infrastructure in Orland Park (water, sewer, storm water, electric, gas).....	1	2	3	4	5
Overall feeling of safety in Orland Park	1	2	3	4	5
Overall quality of natural environment in Orland Park	1	2	3	4	5
Overall quality of parks and recreation opportunities	1	2	3	4	5
Overall health and wellness opportunities in Orland Park.....	1	2	3	4	5
Overall opportunities for education, culture, and the arts.....	1	2	3	4	5
Residents' connection and engagement with their community.....	1	2	3	4	5

3. How would you rate the overall services provided to older adults in Orland Park?

- Excellent
 Good
 Fair
 Poor
 Don't know

4. Please indicate how likely or unlikely you are to do each of the following.

	<u>Very likely</u>	<u>Somewhat likely</u>	<u>Somewhat unlikely</u>	<u>Very unlikely</u>	<u>Don't know</u>
Recommend living in Orland Park to older adults	1	2	3	4	5
Remain in Orland Park throughout your retirement	1	2	3	4	5

5. In general, how informed or uninformed do you feel about services and activities available to older adults in Orland Park?

- Very informed
 Somewhat informed
 Somewhat uninformed
 Very uninformed

6. Please rate the quality of each of the following.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Your overall physical health	1	2	3	4	5
Your overall mental health/emotional wellbeing.....	1	2	3	4	5
Your overall quality of life	1	2	3	4	5

7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

- Very positive
 Somewhat positive
 Neutral
 Somewhat negative
 Very negative

8. Please rate each of the following characteristics as they relate to older adults in Orland Park.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Ease of travel by public transportation in Orland Park.....	1	2	3	4	5
Ease of travel by car in Orland Park	1	2	3	4	5
Ease of walking in Orland Park.....	1	2	3	4	5
Ease of getting to the places you usually have to visit	1	2	3	4	5
Opportunities to build work skills.....	1	2	3	4	5
Quality of employment opportunities for older adults.....	1	2	3	4	5
Variety of employment opportunities for older adults.....	1	2	3	4	5
Cost of living in Orland Park	1	2	3	4	5
Availability of affordable quality food	1	2	3	4	5
Availability of affordable quality housing	1	2	3	4	5
Variety of housing options.....	1	2	3	4	5
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	1	2	3	4	5
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services.....	1	2	3	4	5
Public places where people want to spend time	1	2	3	4	5
Availability of information about resources for older adults.....	1	2	3	4	5
Availability of financial or legal planning services	1	2	3	4	5
Availability of long-term care options	1	2	3	4	5
Availability of daytime care options for older adults	1	2	3	4	5
Availability of affordable quality physical health care.....	1	2	3	4	5
Availability of affordable quality mental health care	1	2	3	4	5
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	1	2	3	4	5
Recreation opportunities (including games, arts, library services, etc.).....	1	2	3	4	5
Fitness opportunities (including exercise classes and paths or trails, etc.)	1	2	3	4	5
Opportunities participate in community matters.....	1	2	3	4	5
Opportunities to volunteer	1	2	3	4	5
Opportunities to enroll in skill-building or personal enrichment classes ...	1	2	3	4	5
Opportunities to attend social events or activities.....	1	2	3	4	5
Opportunities to attend religious or spiritual activities	1	2	3	4	5
Openness and acceptance of the community towards older residents of diverse backgrounds.....	1	2	3	4	5
Making all residents feel welcome	1	2	3	4	5
Valuing older residents in Orland Park.....	1	2	3	4	5
Neighborliness of Orland Park.....	1	2	3	4	5

Orland Park 2021 Community Assessment Survey for Older Adults

9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Having enough money to meet daily expenses.....	1	2	3	4	5
Having enough money to pay your property taxes	1	2	3	4	5
Having housing to suit your needs.....	1	2	3	4	5
Doing heavy or intense housework	1	2	3	4	5
Maintaining your home.....	1	2	3	4	5
Maintaining your yard.....	1	2	3	4	5
Having safe and affordable transportation available	1	2	3	4	5
No longer being able to drive	1	2	3	4	5
Finding work in retirement.....	1	2	3	4	5
Building skills for paid or unpaid work.....	1	2	3	4	5
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	1	2	3	4	5
Not knowing what services are available to older adults in your community.....	1	2	3	4	5
Your physical health.....	1	2	3	4	5
Falling or injuring yourself in your home	1	2	3	4	5
Finding affordable health insurance	1	2	3	4	5
Getting the health care you need	1	2	3	4	5
Getting the oral health care you need.....	1	2	3	4	5
Getting the vision care you need.....	1	2	3	4	5
Affording the medications you need	1	2	3	4	5
Staying physically fit	1	2	3	4	5
Maintaining a healthy diet.....	1	2	3	4	5
Having enough food to eat.....	1	2	3	4	5
Experiencing confusion or forgetfulness.....	1	2	3	4	5
Feeling depressed.....	1	2	3	4	5
Feeling bored.....	1	2	3	4	5
Having friends or family you can rely on.....	1	2	3	4	5
Feeling lonely or isolated	1	2	3	4	5
Dealing with the loss of a close family member or friend	1	2	3	4	5
Being a victim of crime.....	1	2	3	4	5
Being a victim of fraud or a scam.....	1	2	3	4	5
Being physically or emotionally abused	1	2	3	4	5
Being treated unfairly or discriminated against because of your age	1	2	3	4	5
Feeling like you don't fit in or belong.....	1	2	3	4	5
Feeling like your voice is heard in the community.....	1	2	3	4	5
Feeling <u>physically</u> burdened by providing care for another person	1	2	3	4	5
Feeling <u>emotionally</u> burdened by providing care for another person	1	2	3	4	5
Feeling <u>financially</u> burdened by providing care for another person	1	2	3	4	5

10. Thinking back over the past 12 months, how much time did you spend in each of the following?

	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	1	2	3	4
In a long-term care facility (including nursing home or in-patient rehabilitation facility).....	1	2	3	4

11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

- Never 1 to 2 times 3 to 5 times More than 5 times Don't know

12. Please indicate whether or not you have done each of the following in the last 12 months.

	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	1	2
Watched (online or on television) a local public meeting	1	2
Voted in your most recent local election	1	2
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	1	2
Used a senior center in Orland Park.....	1	2
Used a public library in Orland Park	1	2
Used a recreation center in Orland Park	1	2
Participated in a recreation program or group activity	1	2
Participated in religious or spiritual activities with others	1	2
Participated in a club (including book, dance, game, and other social).....	1	2

13. During a typical week, how many hours do you spend:

	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours	Don't know
Assisting friends, relatives, or neighbors	1	2	3	4	5	6	7
Volunteering your time	1	2	3	4	5	6	7
Talking or visiting with friends/family	1	2	3	4	5	6	7
Providing care to someone age 55+.....	1	2	3	4	5	6	7
Providing care to someone age 18 to 54.....	1	2	3	4	5	6	7
Providing care to someone under age 18.....	1	2	3	4	5	6	7

14. In general, how many times do you:

	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never	Don't know
Access the internet from your home using a computer, laptop, or tablet computer	1	2	3	4	5	6
Access the internet from your cell phone.....	1	2	3	4	5	6
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.....	1	2	3	4	5	6
Use or check email	1	2	3	4	5	6
Share your opinions online	1	2	3	4	5	6
Shop online.....	1	2	3	4	5	6

Orland Park 2021 Community Assessment Survey for Older Adults

Our last questions are about you and your household.

Again, all of your responses to this survey are confidential and no identifying information will be shared.

D1. How many years have you lived in Orland Park?

- Less than 2 years
- 2-5 years
- 6-10 years
- 11-20 years
- More than 20 years

D2. Which best describes the building you live in?

- Single family home
- Townhouse, condominium, duplex, or apartment
- Mobile home
- Assisted living residence
- Nursing home
- Other

D3. Do you rent or own your home?

- Rent
- Own (with a mortgage payment)
- Own (free and clear; no mortgage)

D4. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

- Less than \$300 per month
- \$300 to \$599 per month
- \$600 to \$999 per month
- \$1,000 to \$1,499 per month
- \$1,500 to \$2,499 per month
- \$2,500 or more per month

D5. How many people, including yourself, live in your household?

- 1 person (live alone)
- 2 people
- 3 people
- 4 or more people

D6. How many of these people, including yourself, are 65 or older?

- 1 person
- 2 people
- 3 people
- 4 or more people

D7. What is your employment status?

- Fully retired → *Go to Question D9*
- Working full time for pay
- Working part time for pay
- Unemployed, looking for paid work

D8. [IF NOT YET FULLY RETIRED] At what age do you expect to retire completely and not work for pay at all? (Please enter a whole number.) _____ years old

D9. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

- Less than \$15,000
- \$15,000 to \$24,999
- \$25,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 or more

D10. Are you Spanish, Hispanic or Latino?

- No
- Yes

D11. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

- American Indian or Alaskan Native
- Asian, Asian Indian, or Pacific Islander
- Black or African American
- White
- Other

D12. In which category is your age?

- 65-69 years
- 70-74 years
- 75-79 years
- 80-84 years
- 85-89 years
- 90-94 years
- 95 years or older

D13. What is your sex?

- Female
- Male
- Identify in another way

D14. What is your sexual orientation?

- Heterosexual
- Lesbian
- Gay
- Bisexual
- Identify in another way

Thank you! Please return the completed survey in the postage-paid envelope to:
National Research Center, Inc., PO Box 549, Belle Mead, NJ 08502