



July 4th Hours

**The building
will be open**

7:00 a.m. to 1:00 p.m.



**The Office,
Kidz Room & Rock
will be closed.**



NO GROUP EXERCISE CLASS *July 4TH*

**Only morning Group Exercise Classes
on Monday, July 3rd**

Regular schedule resumes July 5th

HAVE A SAFE & HAPPY HOLIDAY!